a)

b)

Vd from ADE (All)





a)

c)


Vf
b)












Supplementary Table 1 | Information on the 17 probes that have a significant ( $p<1 \mathrm{e}-4$ )
common family effect. Variance components $h^{2}$ and $d^{2}$ were estimated using equation [1] (main text) and $f^{2}$ using model [3] (main text).

| Gene | Probe | Chr | Position (bb) | $h^{2}$ | $d^{2}$ | $\mathrm{f}^{2}$ | Function |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ATRN | ILMN_2355586 | 20 | 3529623 | 4.2 | 1.2 | 16.4 | Proteins involved in the initial immune cell clustering during inflammatory responses that may regulate the chemotactic activity of chemokines. |
| C110RF63 | ILMN_1709050 | 11 | 122280189 | 3.2 | 0.9 | 15.9 | Uncharacterized protein C11orf63 |
| C160RF73 | ILMN_1754241 | 16 | 1824080 | 6.8 | 2.3 | 15.7 | Uncharacterized protein C11orf63 |
| CCDC33 | ILMN_1681136 | 15 | 72415460 | 4.7 | 2.7 | 15.6 |  |
| CNTN5 | ILMN_1710289 | 11 | 98932098 | 6.5 | 0.2 | 14.5 | Protein encoded by this gene is a member of the immunoglobulin superfamily, and contactin family, which mediate cell surface interactions during nervous system development |
| DNAL1 | ILMN_1730464 | 14 | 73232375 | 0.0 | 0.0 | 14.2 | Gene encodes an axonemal dynein light chain which functions as a component of the outer dynein arms complex. This complex acts as the molecular motor that provides the force to move cilia in an ATP-dependent manner |
| FAM26E | ILMN_3236080 | 6 | 116839628 | 2.4 | 1.5 | 13.8 |  |
| GKN2 | ILMN_1813688 | 2 | 69172515 | 1.6 | 3.6 | 13.8 |  |
| GRASP | ILMN_1705210 | 12 | 50695586 | 0.7 | 0.7 | 13.7 | Plays a role in intracellular trafficking and contributes to the macromolecular organization of group 1 metabotropic glutamate receptors at synapses |
| ITIH1 | ILMN_1755251 | 3 | 52800872 | 0.0 | 2.6 | 13.6 | The protein encoded by this gene is the heavy chain of a serine protease inhibitor that may serve to carry hyaluronan in plasma |
| OTC | ILMN_1749114 | 23 | 38156192 | 2.4 | 4.8 | 13.1 | Gene encodes a mitochondrial matrix enzyme |
| RGPD5 | ILMN_2246256 | 2 | 109951178 | 0.0 | 0.9 | 13.0 | Small GTP-binding protein of the RAS superfamily that is associated with the nuclear membrane and is thought to control a variety of cellular functions through its interactions with other proteins |
| SLC6A1 | ILMN_1744191 | 3 | 11055330 | 0.2 | 1.7 | 12.8 | Gene encodes a gamma-aminobutyric acid (GABA) transporter, which removes GABA from the synaptic cleft |
| TCP10L | ILMN_1754656 | 21 | 32870965 | 0.0 | 2.2 | 12.7 | T-complex protein 10 |
| TFAP2A | ILMN_1765574 | 6 | 10506312 | 8.4 | 3.5 | 12.7 | Gene is a transcription factor that binds the consensus sequence 5 '-GCCNNNGGC-3'. The encoded protein functions as either a homodimer or as a heterodimer with similar family members. This protein activates the transcription of some genes while inhibiting the transcription of others. |
| TMPRSS13 | ILMN_1671154 | 11 | 117276857 | 2.7 | 0.6 | 12.5 | Gene encodes a member of the type II transmembrane serine protease family |
| TPX2 | ILMN_1796949 | 20 | 29852491 | 6.4 | 2.4 | 12.1 | Spindle assembly factor. Required for normal assembly of mitotic spindles |

Supplementary Table 3 | Primary and their conditionally correlated probes. is the variance explained by the eSNP. P-values from the association of the eSNP with conditionally correlated probes are given, with significant associations (multiple testing corrected for using a Bonferroni adjustment) denoted with *. To further demonstrate a genetic causal link between probes, the eSNP from the primary probe was included as a linear covariate in the family based analysis (model [1]). Heritability estimated from this model is conditional on the eSNP genotypes; is the difference in compared to the model not including the eSNP represents the proportion of accounted for by the eSNP for the conditionally correlated probes.

| Primary Probes |  |  | Conditionally correlated probes |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Gene | Probe | eSNP | Gene | Probe | Conditional Correlation | $p$ value of the eSNP | *100 |  |
| $\begin{aligned} & \hline \text { HLA- } \\ & \text { DRB1 } \\ & \hline \end{aligned}$ | ILMN_1715169 | rs9271170 |  |  |  |  |  |  |
|  |  |  | HLA-DRB3 | ILMN_1717261 | 0.64 | 2.78e-13* | 7.29 | -5.91 |
|  |  |  | TMEM154 | ILMN_2088124 | 0.16 | 5.05e-4* | 1.56 | -2.42 |
|  |  |  | NR4A2 | ILMN_1782305 | 0.09 | 1.10e-3* | 1.32 | -4.33 |
|  |  |  | ZNF436 | ILMN_2357781 | 0.37 | 7.72e-4* | 3.44 | -1.65 |
|  |  |  | LST1 | ILMN_1718936 | 0.22 | $9.27 \mathrm{e}-6^{*}$ | 4.27 | -4.62 |
|  |  |  | ZNF385C | ILMN_1770400 | 0.07 | $2.95 \mathrm{e}-2$ | 2.68 | 0.00 |
|  |  |  | C120RF73 | ILMN_3241041 | 0.11 | 1.98e-1 | 1.74 | 0.01 |
| ERAP2 | ILMN_1743145 | rs10051637 |  |  |  |  |  |  |
|  |  |  | ANKRD47 | ILMN_1755588 | 0.33 | 5.27e-4* | 5.91 | -1.91 |
|  |  |  | ERAP1 | ILMN_2336220 | 0.49 | 1.03e-5* | 3.66 | -2.01 |
|  |  |  | MRPS30 | ILMN_1726743 | 0.07 | $1.24 \mathrm{e}-1$ | 0.51 | 0.00 |
|  |  |  | PPM1A | ILMN_1727127 | 0.31 | $1.25 \mathrm{e}-1$ | 0.51 | 0.00 |
|  |  |  | SDR42E1 | ILMN_1798817 | 0.10 | 1.04e-1 | 1.03 | 0.00 |
| MED4 | ILMN_1664641 | rs943067 |  |  |  |  |  |  |
|  |  |  | ABHD14B | ILMN_2227533 | 0.16 | 1.22e-4* | 2.07 | -2.36 |
|  |  |  | BRMS1L | ILMN_1775943 | 0.17 | 9.39e-5* | 4.81 | -3.66 |
|  |  |  | TOP1MT | ILMN_2405628 | 0.28 | 5.87e-4* | 1.69 | -4.45 |
|  |  |  | JAG1 | ILMN_1691376 | 0.34 | 4.97e-4* | 12.8 | -4.18 |
|  |  |  | DOK1 | ILMN_1700086 | 0.09 | 4.03e-4* | 11.7 | -0.28 |
|  |  |  | RAP1GDS1 | ILMN_1687724 | 0.14 | 5.42e-5* | 4.64 | -1.13 |
|  |  |  | PIGM | ILMN_1799860 | 0.18 | 3.62e-4* | 1.74 | -0.91 |
|  |  |  | TIMM23 | ILMN_1679555 | 0.25 | $1.23 \mathrm{e}-1$ | 0.32 | -0.03 |
|  |  |  | RORA | ILMN_2322498 | 0.03 | $1.21 \mathrm{e}-1$ | 0.43 | -0.03 |
|  |  |  | EIF4E3 | ILMN_2225144 | 0.16 | $1.27 \mathrm{e}-1$ | 0.36 | 0.02 |
|  |  |  | FBX05 | ILMN_1710676 | 0.27 | $1.08 \mathrm{e}-1$ | 0.39 | 0.00 |
| RPS26 | ILMN_2209027 | rs10876864 |  |  |  |  |  |  |
|  |  |  | RPS26L | ILMN_2310703 | 0.81 | 1.24e-98* | 60.8 | -28.6 |
|  |  |  | FBX011 | ILMN_1678404 | 0.07 | 1.14e-3* | 8.65 | -8.21 |
|  |  |  | C30RF59 | ILMN_1700967 | 0.16 | $1.8 \mathrm{e}-3^{*}$ | 1.95 | -4.02 |
|  |  |  | MSL2 | ILMN_1766859 | 0.08 | $1.3 \mathrm{e}-3^{*}$ | 1.72 | -2.90 |
|  |  |  | SDCCAG3 | ILMN_1803997 | 0.06 | $1.84 \mathrm{e}-1$ | 0.21 | 0.00 |
|  |  |  | NUP88 | ILMN_1734826 | 0.03 | 3.26e-1 | 0.11 | -0.04 |
| GSTM1 | ILMN_1762255 | rs11101992 |  |  |  |  |  |  |
|  |  |  | GSTM2 | ILMN_2201580 | 0.65 | 1.17e-14* | 8.26 | -7.45 |
|  |  |  | C180RF2 | ILMN_3250066 | 0.34 | 2.16e-3* | 9.61 | -1.31 |
|  |  |  | MESP2 | ILMN_1751911 | 0.04 | 6.40e-4* | 9.38 | -2.36 |
|  |  |  | FLJ23152 | ILMN_1696243 | 0.26 | 3.25e-3* | 10.2 | -3.43 |


|  |  |  | OPRM1 | ILMN_1803261 | 0.16 | 3.50e-3* | 5.34 | -1.92 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | FCRL4 | ILMN_1738517 | 0.05 | $1.24 \mathrm{e}-1$ | 2.03 | -0.02 |
|  |  |  | ARHGAP24 | ILMN_1775441 | 0.02 | $1.27 \mathrm{e}-1$ | 0.98 | 0.00 |
| IRF5 | ILMN_2312606 | rs6965542 |  |  |  |  |  |  |
|  |  |  | TNPO3 | ILMN_1683811 | 0.43 | 1.55e-10* | 5.78 | -9.96 |
|  |  |  | PHF20 | ILMN_1813657 | 0.17 | 1.24e-3* | 1.29 | -2.91 |
|  |  |  | FABP5L3 | ILMN_2217574 | 0.32 | 2.51e-3* | 11.7 | -3.64 |
|  |  |  | QTRT1 | ILMN_1780153 | 0.25 | 3.95e-3* | 1.02 | -0.72 |
|  |  |  | RAB20 | ILMN_1708881 | 0.19 | $1.08 \mathrm{e}-1$ | 0.74 | -0.18 |
|  |  |  | IFITM4P | ILMN_1770071 | 0.04 | 1.01e-1 | 1.41 | 0.00 |
| PAM | ILMN_2313901 | rs28092 |  |  |  |  |  |  |
|  |  |  | RAB23 | ILMN_2346997 | 0.08 | 4.98e-4* | 3.48 | -7.95 |
|  |  |  | SLC04C1 | ILMN_1686464 | 0.18 | 1.44e-3* | 1.53 | -4.86 |
|  |  |  | OR10H3 | ILMN_1731314 | 0.29 | 1.22e-3* | 8.73 | -11.3 |
|  |  |  | HELT | ILMN_1693843 | 0.10 | 2.33e-3* | 9.45 | -8.14 |
|  |  |  | MAPK8IP3 | ILMN_1811574 | 0.13 | $1.16 \mathrm{e}-1$ | 0.52 | -0.17 |
|  |  |  | NCOA1 | ILMN_2335198 | 0.26 | $1.26 \mathrm{e}-1$ | 0.36 | -0.34 |
| ATP13A1 | ILMN_2134224 | rs2304130 |  |  |  |  |  |  |
|  |  |  | C110RF35 | ILMN_1652602 | 0.07 | 7.99e-4* | 4.95 | -6.82 |
|  |  |  | CLCN5 | ILMN_1690327 | 0.20 | 1.88e-3* | 3.69 | -7.34 |
|  |  |  | CRLF2 | ILMN_1767573 | 0.24 | 1.44e-3* | 1.72 | -2.86 |
|  |  |  | LAD1 | ILMN_1728215 | 0.08 | 2.81e-4* | 6.92 | -7.31 |
|  |  |  | NCSTN | ILMN_1735180 | 0.02 | 2.43e-4* | 1.09 | -1.98 |
|  |  |  | HRB | ILMN_2196734 | 0.34 | $5.39 \mathrm{e}-4^{*}$ | 5.39 | -4.87 |
|  |  |  | MLXIP | ILMN_1693987 | 0.21 | 4.41e-4* | 9.04 | -12.3 |
|  |  |  | RC1P8 | ILMN_2342068 | 0.14 | 4.12e-3* | 5.10 | -5.12 |
|  |  |  | NCSTN | ILMN_1735180 | 0.10 | 2.43e-3* | 1.07 | -1.01 |
|  |  |  | SLC25A19 | ILMN_1666553 | 0.16 | 1.04e-1 | 0.28 | -0.05 |
|  |  |  | IRF1 | ILMN_1708375 | 0.06 | $2.41 \mathrm{e}-2$ | 0.63 | 0.00 |
|  |  |  | KRT8P9 | ILMN_3191922 | 0.03 | $2.26 \mathrm{e}-2$ | 4.41 | -2.14 |
| ZSWIM7 | ILMN_3298167 | rs1045599 |  |  |  |  |  |  |
|  |  |  | SARM1 | ILMN_1746265 | 0.38 | 7.08e-5* | 2.07 | -6.76 |
|  |  |  | CECR4 | ILMN_3177532 | 0.25 | 4.53e-4* | 10.6 | -16.7 |
|  |  |  | HSPD1 | ILMN_1784367 | 0.14 | 2.39e-6* | 2.88 | -4.51 |
|  |  |  | MTR | ILMN_1670801 | 0.03 | 3.52e-4* | 1.56 | -3.46 |
|  |  |  | C220RF32 | ILMN_1706859 | 0.16 | 5.22e-5* | 2.31 | -4.82 |
|  |  |  | AMY2B | ILMN_2073157 | 0.18 | 3.38e-4* | 1.64 | -2.47 |
|  |  |  | RALGPS1 | ILMN_1674135 | 0.06 | 5.03e-4* | 1.55 | -3.61 |
|  |  |  | ZSWIM3 | ILMN_2283196 | 0.14 | $1.02 \mathrm{e}-1$ | 0.33 | -1.98 |
|  |  |  | MIF | ILMN_1807074 | 0.12 | $1.98 \mathrm{e}-2$ | 0.71 | -0.18 |
|  |  |  | NELL2 | ILMN_1725417 | 0.05 | $1.12 \mathrm{e}-1$ | 0.34 | -2.45 |
|  |  |  | PPP2R1A | ILMN_1810467 | 0.31 | $1.05 \mathrm{e}-1$ | 0.33 | -0.36 |
| HBG2 | ILMN_2084825 | rs766432 |  |  |  |  |  |  |
|  |  |  | SIAH1 | ILMN_2380566 | 0.13 | 4.7e-10* | 4.78 | -6.81 |
|  |  |  | PKDREJ | ILMN_1673234 | 0.19 | 2.24e-3* | 9.06 | -12.8 |
|  |  |  | DYNC1H1 | ILMN_1780302 | 0.20 | 3.70e-4* | 1.49 | -2.36 |
|  |  |  | ARCN1 | ILMN_1699703 | 0.14 | 9.51e-4* | 1.32 | -3.64 |
|  |  |  | RIPK1 | ILMN_2119535 | 0.31 | 8.16e-5* | 1.91 | -2.47 |
|  |  |  | ZNFX1 | ILMN_1745148 | 0.04 | 4.48e-4* | 1.48 | -3.67 |
|  |  |  | WDR68 | ILMN_1706706 | 0.11 | 6.29e-4* | 1.48 | -2.98 |
|  |  |  | EHD1 | ILMN_1651832 | 0.16 | 3.43e-4* | 1.53 | -2.71 |
|  |  |  | PTPN6 | ILMN_1738675 | 0.22 | 3.66e-4* | 1.51 | -3.78 |
|  |  |  | NCOR2 | ILMN_2340052 | 0.19 | 2.13e-4* | 1.42 | -4.94 |
|  |  |  | CA1 | ILMN_1652431 | 0.25 | $7.73 \mathrm{e}-2$ | 0.23 | -0.27 |


|  |  |  | ACTN4 | ILMN_1725534 | 0.03 | $2.39 \mathrm{e}-2$ | 0.61 | -1.01 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  | FAM178A | ILMN_3233135 | 0.03 | $1.06 \mathrm{e}-1$ | 0.33 | -1.27 |
|  |  |  | KDELR1 | ILMN_2130411 | 0.15 | $1.04 \mathrm{e}-1$ | 0.34 | 0.00 |
|  |  |  | HIST1H3B | ILMN_2222163 | 0.17 | $1.04 \mathrm{e}-1$ | 4.23 | -3.87 |
|  |  |  | MRPL38 | ILMN_1719656 | 0.01 | $1.14 \mathrm{e}-1$ | 0.54 | -0.41 |

Supplementary Table 2 | Summary statistics for the 832 individuals in BSGS. Phenotypic correlations were calculated between pairs of individuals for normalised expression levels in each of the 17,994 probes.

|  |  |  | Shared coefficients |  |  | Mean phenotypic <br> correlation for 17,994 <br> probes (sd) |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Relationship pair | Code | N pairs | A | D | F | (s) |
| Monozygotic twins | MZ | 78 | 1 | 1 | 1 | $0.182(0.089)$ |
| Dizygotic twins | DZ | 206 | 0.5 | 0.25 | 1 | $0.097(0.082)$ |
| Siblings | SIB | 343 | 0.5 | 0.25 | 1 | $0.089(0.084)$ |
| Parent - Offspring | PO | 425 | 0.5 | 0 | 1 | $0.092(0.081)$ |
| Parent - Parent | PP | 71 | 0 | 0 | 1 | $0.017(0.075)$ |

Supplementary Table 4 | Full and reduced models for variance components

Variance component
Full model
Reduced model

| A |
| :---: |
| D |

F

## Supplementary Note 1

## Confounding between variance component estimates

One potential problem when estimating variance component, and is that estimates may be confounded due to correlation in the off-diagonals of the relationship matrices A, D, and F. We attempted to evaluate the potential levels of confounding by running a series of full and reduced models and comparing the estimates of the variance components (supplementary figure 2). The following series of models were run;

1. Comparison of in the presence and absence of a non-additive component.

Full:
Reduced:
2. Comparison of in the presence and absence of an additive component.

Full:
Reduced
3. Comparison of in the presence and absence of an additive component.

Full:
Reduced:

## Supplementary Note 2

## Sampling variance of variance components

Here we have estimated variance components for 17,994 transcripts using models [1] and [3] (online methods). The sampling variance of these variance estimates provides information on the expected distributions of estimates under assumptions of known population parameters. Knowledge of the expected sampling variance of each parameter is useful as it allows us to compare the observed distribution of estimates against the expected distribution under assumptions of the true population values being equal to 0 . Calculating the expected sampling variances of genetic ( and ) and nongenetic ( ) variances estimated from related individuals is relatively straightforward when estimates are made from simple relationship pairings (i.e. MZ-DZ, Sibling pairs, Parent-Offspring) ${ }^{1,2}$. However, in more complex pedigrees, such as BSGS, algebraic methods are not available to calculate the expected sampling variance. To explore the expected sampling variance of the parameter estimates in our data we conducted a series of simulation studies to calculate the expected distribution of estimates under the assumption that the true value of the variance component equals 0 , whilst the remaining model parameters equal their empirical mean. For example, to estimate the sampling variance of , which is estimated using equation [1] (online methods), matrices from the right side of equation [2] were sampled from an appropriate Wishart distribution (see below), with a sampled from a random normal distribution, and and sampled from the empirical estimates for the 17,994 probes. Variance components for the simulated data were obtained by REML ${ }^{3}$. This process was repeated 100,000 times and the sampling variance calculated from the estimates of . A similar approach was used to calculate the sampling variance of and , but with a sampled from the empirical values and model [1] and [3] used respectively.

## Simulating matrices using the Wishart distribution

Here we simulated matrices from a Wishart distribution resulting in an $n x n$ matrix, where $n$ is the number of individuals, and the off diagonals have a built in correlation structure pertaining to the relationship matrix ${ }^{4}$, hereon denoted $\mathbf{U}$, that is being simulated (either $\mathbf{A}, \mathbf{D}$ or F). The resulting matrix is positive definite.

## Observed relationship matrix

To generate a matrix having a Wishart distribution, we start with the relationship matrix $\mathbf{U}$ equal a matrix with $n$ rows and $n$ columns. From $\mathbf{U}$ we calculate $\mathbf{W}$ as, $\mathbf{W}=\mathbf{U} \mathbf{U}$. Next we perform a Cholesky decomposition of $\mathbf{W}$, so that $\mathbf{W}=\mathbf{T T}$ ', where $\mathbf{T}$ is the lower triangular matrix.

## Wishart distribution

First an $n$ by $n$ matrix, $\mathbf{M}$ is formed with elements populated by random normal deviates generated by the rnorm function in R A vector $\mathbf{I}$, of length $n$ is generated with elements drawn from a Chi-squared distribution (rchisq function in R) with $n-i$ degrees of freedom where $i$ is the element in the vector; i.e. element 1 has $n-1$ degrees of freedom, element 2 has $n-2$ degrees of freedom and so on. Element $n$ has 1 degree of freedom.

Next an $n$ by $n$ matrix $\mathbf{Z}$ is formed. When $i=1$ the diagonal element is calculated by;
when $i>1$ diagonal elements are calculated by;

When $i=1$ off diagonal elements of $\mathbf{Z}$ are calculated by;
and when $i>1$ off diagonal elements are calculated by;

A final matrix, $\mathbf{X}$, is the simulated random Wishart matrix based on the relationships contained within $\mathbf{U}$, and is calculated by;
X = TZT

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