Shared genetic origin of asthma, hay fever and eczema elucidates allergic disease biology

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Asthma, hay fever (or allergic rhinitis) and eczema (or atopic dermatitis) often coexist in the same individuals¹, partly because of a shared genetic origin²⁻⁴. To identify shared risk variants, we performed a genome-wide association study (GWAS; n = 360,838) of a broad allergic disease phenotype that considers the presence of any one of these three diseases. We identified 136 independent risk variants ($P < 3 \times 10^{-8}$), including 73 not previously reported, which implicate 132 nearby genes in allergic disease pathophysiology. Diseasespecific effects were detected for only six variants, confirming that most represent shared risk factors. Tissue-specific heritability and biological process enrichment analyses suggest that shared risk variants influence lymphocyte-mediated immunity. Six target genes provide an opportunity for drug repositioning, while for 36 genes CpG methylation was found to influence transcription independently of genetic effects. Asthma, hay fever and eczema partly coexist because they share many genetic risk variants that dysregulate the expression of immune-related genes.

The analytical approach used in our study is summarized in **Supplementary Figure 1**. We tested for association with allergic disease 8,307,659 genetic variants that passed quality control filters (**Supplementary Table 1**), comparing 180,129 cases who reported

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having suffered from asthma and/or hav fever and/or eczema with 180,709 controls who reported not suffering from any of these diseases (Supplementary Table 2), all of European ancestry. Meta-analysis of results from the 13 contributing studies (Supplementary Fig. 2) identified 99 genomic regions (loci) located >1 Mb apart containing at least one genetic variant associated with allergic disease at a genomewide significance threshold of 3×10^{-8} (Fig. 1 and Supplementary Table 3). On the basis of approximate conditional analysis⁵, 136 genetic variants in these 99 loci had a statistically independent association with disease risk (Supplementary Table 4). Henceforth, we refer to these as 'sentinel risk variants', which either represent or are in linkage disequilibrium (LD) with a causal functional variant. These included 86 (in 50 loci) located <1 Mb from risk variants reported in previous GWAS of allergic disease (Supplementary Table 5). Of note, 23 of these 86 sentinel variants were in low LD ($r^2 < 0.05$) with the previously reported risk variants, indicating that they represent new associations in these loci. The remaining 50 sentinel variants (in 49 loci) were located >1 Mb from previously reported associations (Supplementary Table 6), of which 17 were in low LD with nearby variants reported for other diseases or traits (Supplementary Table 7). Eighteen loci had multiple independent association signals (Supplementary Table 3). Altogether, we identified 73 (50 + 23) genetic associations with allergic disease that are new, a substantial increment over the 89 associations reported previously (Supplementary Fig. 3 and Supplementary Table 8).

As expected from a study design that maximized power to identify shared risk variants⁶, we found that 130 of the 136 sentinel variants had similar allele frequencies in case-only association analyses that

compared three non-overlapping groups of adults: those who reported suffering from asthma only (n = 12,268), hay fever only (n = 33,305) or eczema only (n = 6,276) (**Supplementary Table 9**). There was thus no evidence that these 130 variants have differential effects on the

three individual diseases. The six variants with evidence for stronger effects in one allergic disease when compared to the other two were located in five known allergy risk loci (for example, *FLG* and *GSDMB*; **Fig. 2**). On the other hand, many sentinel variants (26, or 19%) were

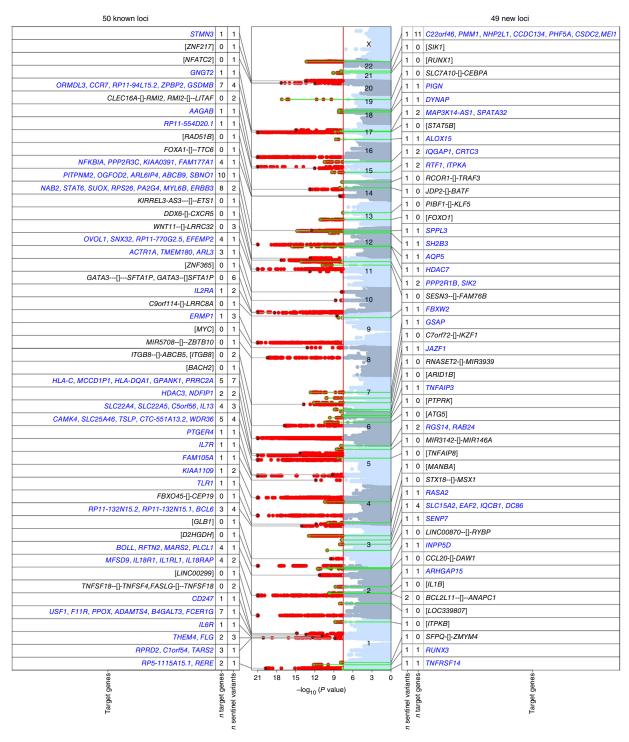


Figure 1 Loci containing genetic risk variants independently associated with the risk of allergic disease at $P < 3 \times 10^{-8}$. The 136 sentinel risk variants were located in 50 previously reported (86 variants) and 49 new (50 variants) risk loci. The numbers of plausible target genes of sentinel risk variants identified for each locus are shown, with target gene names listed in blue font. For loci with many target genes, only a selection is listed. When no target gene was identified (black font), brackets are used to indicate the location of the sentinel risk variant relative to the nearest gene(s). Specifically, when the risk variant was intergenic (indicated by "gene1-[]-gene2"), the two closest genes (upstream and downstream) are shown; the distance to each gene is proportional to the number of dashes shown. Otherwise, when the risk variant was located within a gene, the respective gene name is shown in brackets ("[gene]"). The red vertical line in the Manhattan plot shows the genome-wide significance threshold used ($P = 3 \times 10^{-8}$).

also associated with the age at which symptoms of any allergic disease first developed (n = 35,972; **Supplementary Table 10**), with the allele associated with a higher disease risk always being associated with earlier age of onset (**Supplementary Fig. 4**). For 18 of these 26 variants, the effect on age of onset was not significantly different between individual diseases (**Supplementary Table 10**), suggesting that these variants influence the age at which symptoms first develop for all three diseases.

We then used LD score regression analysis⁷ (Online Methods) to quantify the liability-scale heritability of the three individual diseases that was collectively explained by the 136 top associations in the Nord-Trøndelag Health Study (HUNT; up to n = 20,350), which was not part of the discovery meta-analysis. This heritability was found to be 3.2% for asthma, 3.8% for hay fever and 1.2% for eczema, representing, respectively, about one-fifth, one-sixth and one-tenth of the overall heritability for each disease that is explained by common SNPs (**Supplementary Table 11**). Therefore, the inheritance of risk alleles at these loci partly explains why these three conditions coexist.

To understand the biological consequences of allergy risk variants, we then identified plausible target genes of the 136 sentinel variants. There were 5,739 transcripts annotated near (±1 Mb with respect to) sentinel variants, including 2,569 protein-coding genes. For 132 of these transcripts, the nearby sentinel variant was in high LD $(r^2 \ge$ 0.8) with either a nonsynonymous SNP (22 genes; Supplementary **Table 12**) or a sentinel expression quantitative trait locus (eQTL) identified in relevant tissues or cell types (an additional 110 genes; Supplementary Tables 13 and 14). We refer to these 132 transcripts as plausible target genes, which were located in 54 of the 99 risk loci (Fig. 1 and Supplementary Table 15). Studies that confirm the target gene predictions and identify the underlying functional variants are warranted; genes that could be prioritized for functional follow-up include 78 identified using a more conservative LD threshold ($r^2 \ge$ 0.95; Supplementary Table 15) or 61 predicted to be the likely targets on the basis of independent evidence from publicly available functional data (Supplementary Tables 16 and 17; see the Online Methods for details). Of note, 79 (60%) of the 132 plausible target genes have not previously been co-cited with allergy-related terms (Supplementary Table 15) and so potentially represent new key contributors to disease pathophysiology (examples in **Table 1**).

Next, on the basis of data from the GTEx Consortium⁸, we identified broad tissue types in which the plausible target genes were disproportionally expressed, using the Tissue-Specific Expression Analysis (TSEA) approach described previously9. We excluded genes located in the major histocompatibility complex (MHC) region or not present in the TSEA GTEx database, leaving 112 plausible target genes for analysis. When compared to the remaining 17,671 non-MHC genes in the genome, we found that the list of plausible targets was enriched for genes specifically expressed in whole blood and lung (Fig. 3a). Both associations remained significant (Supplementary Fig. 5) after restricting the background gene list to the subset of 12,804 non-MHC genes with eQTLs reported in the same studies used to identify the plausible target genes (Supplementary Table 13). These results indicate that the plausible targets are enriched for genes preferentially expressed in whole blood and lung, and that this is unlikely to arise because the plausible targets were also enriched for genes with eQTLs in those tissues.

The enrichment in whole blood and lung expression could be a general feature of arbitrary genes located near the sentinel risk variants. To address this possibility, we determined how often the enrichment observed with the plausible target genes was exceeded when analyzing 1,000 lists of random genes. When genes were randomly selected from the same 98 non-MHC allergy risk loci identified in

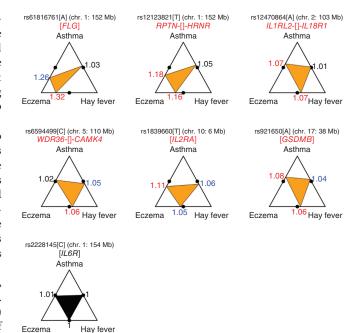


Figure 2 Sentinel variants with significant allele frequency differences in pairwise case-only association analyses contrasting individuals suffering from a single allergic disease. For each sentinel variant, we performed three case-only association analyses, comparing asthma-only cases (n = 12,268) against hay fever-only cases (n = 33,305); asthmaonly cases against eczema-only cases (n = 6,276); and hay fever-only cases against eczema-only cases. After accounting for multiple testing, significant associations for at least one of these analyses were only observed for 6 of the 136 sentinel variants, which are shown in the first two rows of the figure. For a given variant, the vertices of the inner triangle point to the position along the edges of the outer triangle that corresponds to the allele frequency difference observed between pairs of single-disease cases. For example, the rs61816761[A] allele, which is located in the FLG gene (fillagrin), was 1.32-fold more common in individuals suffering only from eczema when compared to individuals suffering only from hay fever ($P = 7.2 \times 10^{-8}$), consistent with this SNP being a stronger risk factor for eczema than for hay fever. A similar result (odds ratio (OR) = 1.26, P = 0.0004) was observed for this variant when contrasting eczema-only cases against asthma-only cases. For comparison, a variant with no allele frequency differences in all three pairwise single-disease association analyses is also shown (rs2228145, in the IL6R gene). In this case, the three estimated odds ratios were approximately equal to 1. The color of the odds ratio text reflects the significance of the association: red for $P < 1.2 \times 10^{-4}$ (correction for multiple testing), blue for P < 0.05 and black for P > 0.05.

the meta-analysis, matching on the number of plausible target genes identified per locus (range 0 to 11) and in total (112), the enrichment observed in whole blood was not exceeded in any of the 1,000 random lists when considering results for all 25 tissues tested (**Fig. 3a** and **Supplementary Table 18**). Similar results were observed for lung. For comparison, arbitrary genes were also selected from 2-Mb loci drawn at random from the genome or simply from all genes in the genome, and results were very similar (**Fig. 3a** and **Supplementary Table 18**). Randomly selecting genes from the subset with eQTLs also had no impact on the results (**Supplementary Fig. 5**). Therefore, we conclude that the enrichment in expression observed in whole blood and lung was specific to the genes identified as plausible targets of sentinel risk variants.

To identify specific cell types that were likely to contribute to the enrichment in whole blood, we used an orthogonal approach¹⁰ that

Table 1 Selected examples of plausible target genes not previously implicated in the pathophysiology of allergic disease

Gene	Summary	Possible role(s) in allergic disease ^a
RERE	Nuclear receptor co-regulator that positively regulates retinoic acid signaling	Positive regulation of B cell differentiation, eosinophil survival and migration
PPP2R3C	Subunit of protein phosphatase 2A (PP2A) that regulates immune cell function	$\rm T_{\rm H}2$ differentiation, $\rm T_{\rm reg}$ function, response to viral infection
RASA2	GTPase-activating protein of Ras that regulates receptor signal transduction	Unknown; RASA3, hematopoiesis; RASA4, macrophage phagocytosis
SIK2	Salt-inducible kinase	Regulation of macrophage inflammatory phenotype, metabolic homeostasis
RTF1	Component of the PAF complex, which is involved in transcriptional regulation	Antiviral response, regulation of TNF expression
SMARCE1	Subunit of the BAF chromatin-remodeling complex	Repressor of CD4 differentiation
DYNAP	Dynactin-associated protein that activates protein kinase B	Cytokine signaling, T cell function
THEM4	Mitochondrial thioesterase that is a negative regulator of protein kinase B	Vitamin D-dependent macrophage-mediated inflammation
ARHGAP15	Rho GTPase–activating protein that downregulates RAC1	Rac1-dependent inflammatory response
SENP7	Sentrin/small ubiquitin-like modifier (SUMO)-specific protease	Susceptibility to viral infection

^aReferences that support the possible role(s) listed are provided in the Supplementary Note.

quantifies tissue-specific enrichments in SNP heritability rather than in gene expression. Specifically, this approach quantifies the trait heritability that is explained by SNPs that overlap cell-type-specific regulatory annotations measured by the Encyclopedia of DNA Elements (ENCODE) project in 100 different cell types. In this analysis, the strongest enrichment in SNP heritability was observed for regulatory annotations measured in helper T cells (including T_H17 , T_H1 and T_H2), regulatory T cells, CD4⁺ and CD8⁺ memory T cells, CD56⁺ natural killer (NK) cells and CD19⁺ B cells (Fig. 3b

and **Supplementary Table 19**). These results are consistent with previous findings¹¹ and the widely documented contribution of these T cell subsets to allergic responses. Similar results were obtained after removing the 136 top associations from our GWAS results (**Supplementary Fig. 6** and **Supplementary Table 19**), indicating that the observed enrichments extend beyond genome-wide significant SNPs. These results demonstrate that genetic risk variants shared between asthma, hay fever and eczema, including but not limited to the ones that reached genome-wide significance,

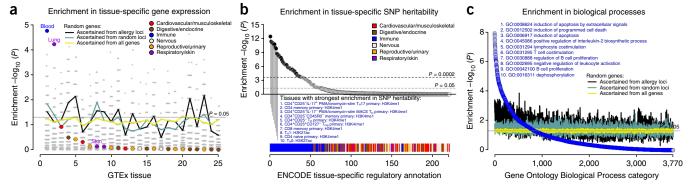


Figure 3 Tissues and biological processes influenced by allergy risk variants. (a) Enrichment of tissue-specific gene expression in 25 broad tissues studied by the GTEx Consortium. We used the TSEA approach⁹ to test whether genes specifically expressed in a given tissue were enriched among the list of plausible target genes when compared to other genes in the genome. Enrichment (y axis) is shown as the -log₁₀ Fisher's exact test P value. For comparison, we analyzed 1,000 lists of random genes instead of the plausible target genes. We selected genes at random using three strategies (see Online Methods for details). First, genes were randomly drawn from the 98 non-MHC allergy risk loci identified in our GWAS, matching on the number selected per locus and in total. The enrichment P value for each of the 1,000 lists of random genes is shown by a gray circle. The black solid line shows the P value for the 50th most significant random list (corresponding to the 5th percentile): under the null hypothesis of no enrichment, this P value should be close to 0.05 (horizontal gray line). Second, genes were drawn at random from 2-Mb loci selected at random from the genome, matching on the number of genes selected (and available for selection) per locus and in total. Third, genes were drawn at random from all 18,300 genes available for analysis. For the latter two strategies, the P value for the 50th most significant random gene list is shown by the blue and yellow lines, respectively; enrichment results for each individual random data set are not shown. (b) Enrichment of SNP-based heritability in 220 individual cell-type-specific regulatory annotations. We used stratified LD score regression analysis 10 to quantify the contribution of SNPs that overlap cell-type-specific regulatory annotations to the SNP-based disease heritability. Annotations with an enrichment in SNP heritability ($-\log_{10}$ of the P value of the regression coefficient; y axis) that was significant after correcting for multiple testing (P < 0.0002) are shown in black circles (top ten listed in blue font; all results in Supplementary Table 19). (c) Biological processes enriched amongst the list of plausible target genes. We used GeneNetwork¹² to test whether the plausible target genes as a group were more likely to be part of a specific biological process category when compared to the rest of the genes in the genome. Enrichment (y axis) is shown as $-\log_{10}$ of the Wilcoxon rank-sum test P value (see Online Methods for details). The top ten pathways are listed in blue font. For comparison, we analyzed 1,000 lists of random genes generated using the same three strategies described above. For each of these strategies, the P value for the 50th most significant random gene list is shown by the black (random genes from allergy loci), blue (random genes from random loci) and yellow (random genes selected from all available genes) lines. Genes and SNPs in the MHC region were excluded from these analyses.

Effect of allergy-Plausible protective allele on gene expression Drug action Drug status Drug name Originator company Active indications target gene CD86 Increased Agonist Discovery BR-02001 Boryung Pharm Co Ltd Autoimmune disease CCR7 Decreased Antagonist Discovery Anti-CCR7 chimeric IgG1 antibodies North Coast Biologics, LLC Unidentified indication CCR7 Anti-CCR7 monoclonal antibody Pepscan Systems BV Decreased Antagonist Discovery Cancer CCR7 Decreased Antagonist Discovery CCR7-targeting antibody Abilita Bio. Inc. Metastatic breast cancer CCR7 Decreased Antagonist Chemokine antagonists Neurocrine Biosciences, Inc. NA NA CCR7 Decreased Antagonist NA Chemokine receptor inhibitors Sosei Group Corp F11R Antagonist F11R inhibitors Provid Pharmaceuticals, Inc. Cardiovascular disease Decreased Discovery F11R Antagonist F-50073 Pierre Fabre SA Decreased Discovery Cancer PHF5A Antagonist PHF5A inhibitors Fred Hutchinson Cancer Decreased Discovery Glioblastoma Research Center RGS14 Decreased Antagonist Regulator of G protein signaling 14 University of Malaga Memory loss inhibitor TARS2 Borrelidin Infectious disease Decreased Antagonist Discovery Scripps Research Institute

Table 2 Plausible target genes with drugs in development for indications other than allergic diseases, for which the effect on gene expression of the allergy-protective allele and the existing drug matched

NA, not applicable.

operate to a large extent by modulating gene expression in cells of the immune system.

To help understand how the sentinel variants might influence immune cell function, we then identified biological processes over-represented among the plausible target genes when compared to the rest of the genes in the genome (MHC excluded), using GeneNetwork¹². As for the analysis of tissue-specific enrichment in gene expression, for each specific biological process, we compared the enrichment observed with the list of plausible target genes with that observed with 1,000 lists of genes randomly drawn from the same allergy risk loci. After correcting for the 3,770 biological processes tested, we found 35 pathways for which the enrichment observed with the plausible target genes was exceeded in <5% of the random gene lists (Fig. 3c and Supplementary Table 20). These included biological processes related to T and B cell activation, B cell proliferation and isotype switching, and IL-2 and IL-4 production, confirming a key role for the sentinel variants and the likely target genes on lymphocyte-mediated immunity. Other noteworthy enrichments were observed for pathways related to induction of cell death, lipid phosphorylation and NK cell differentiation.

Consistent with a widespread effect of allergy risk variants on immune cell function, many sentinel risk variants have been reported to associate with other immune-related traits, notably blood cell counts (Supplementary Table 21) and autoimmune diseases (Supplementary Table 22). The genetic overlap with autoimmune diseases was not restricted to sentinel variants, as evidenced by significant positive genetic correlations with celiac disease, Crohn's disease and inflammatory bowel disease obtained after excluding the 136 top associations from our GWAS results (Supplementary Table 23). Other significant genetic correlations were observed for obesity- and depression-related traits, both previously suggested by twin studies 13. The former provides support for a role of allergy risk variants in the regulation of metabolic homeostasis.

We then investigated whether any of the plausible target genes identified could potentially represent a new opportunity for drug repositioning, as shown by others¹⁴. We found that 29 genes have been or are being considered as drug targets, including 9 for the treatment of allergic diseases (**Supplementary Table 24**), 4 for autoimmune diseases (**Supplementary Table 25**) and 16 for other diseases (**Supplementary Table 26**), mostly cancer. Therefore, for 20 genes, drugs currently in development for other indications might influence

biological mechanisms underlying allergic disease. For six of these genes, the effect on gene expression of the allergy-protective allele (**Supplementary Table 27**) and the existing drug matched (**Table 2**), suggesting that the latter might attenuate (and not exacerbate) allergy symptoms and so could be prioritized for preclinical testing.

Finally, on the basis of data from the BIOS consortium¹⁵ (n = 2,101), we found that a substantial fraction of target genes (36, or 27%) had a nearby CpG site for which methylation levels were significantly correlated with mRNA levels in blood, independently of SNP effects (Supplementary Table 28). This observation raises the possibility that environmental effects on the methylation state of these CpGs might influence target gene expression and, by extension, allergic disease risk. Well-powered studies that address this possibility are warranted. In exploratory analyses, we tested the association between five established risk factors for allergic disease (Online Methods) and the methylation state of expression-associated CpGs for those 36 genes (largest n = 1,211). We observed only one significant association, between smoking and the methylation state of PITPNM2 (Supplementary **Table 29**), which was reported in a previous study¹⁶. These results indicate that smoking might influence the risk of allergic disease partly by modulating the methylation state of expression-associated CpGs for PITPNM2, a PYK2-binding protein¹⁷ potentially involved in neutrophil function^{18,19}.

In conclusion, we substantially increased the number of known risk variants for allergic disease through a large GWAS of a multiple-disease phenotype defined on the basis of information from three genetically correlated diseases (asthma, hay fever and eczema). With a few exceptions, the variants identified had similar effects on the individual disease entities. The risk variants, and their likely target genes, are predicted to influence overwhelmingly the function of immune cells. Novel drugs for allergy are proposed on the basis of genomics-guided drug repositioning. Finally, our results raise the possibility that environmental factors such as smoking might influence allergic disease risk through modulation of target gene methylation.

METHODS

Methods, including statements of data availability and any associated accession codes and references, are available in the online version of the paper.

Note: Any Supplementary Information and Source Data files are available in the online version of the paper.

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AUTHOR CONTRIBUTIONS

Data collection and analysis in the contributing studies: M.A.F., M.C.M., S.C.D., L.M.B., P.J.T., N.G.M., D.L.D. (AAGC study); J.M.V., G.H.K. (LifeLines study); H.B., E.R., M.H., A.F., N.N., H.S., S.K., C.G., K.S., S.W. (GENEVA study); I.M., F.R., J.E.-G., S.G., A.A., G.H., C.O.S., N.H., Y.-A.L. (GENUFAD studies); C.T., D.A.H. (23andMe study); J.D.H., J.S.W., R.B.M., E.J. (GERA study); Q.H., J.-J.H., G.W., D.I.B. (NTR study); A.T., V.U., Y.L., P.K.E.M., C.A., R.K. (CATSS, TWINGENE and SALTY studies); L.P. (ALSPAC study); B.M.B., L.G.F., M.E.G., J.B.N., W.Z., K.H., A.L., O.L.H., M.L., G.R.A., C.J.W. (HUNT study); L.P., M.A.F. (UK Biobank study). Methylation analysis: J.v.D., D.I.B., R.J. Biological and drug annotation: M.A.F., C.W.M., E.M., K.B., O.H., J.Z., J.A.R., J.B., B.B. Quality control, meta-analysis, tables and figures: M.A.F. Writing group: M.A.F., J.M.V., I.M., C.T., J.D.H., Q.H., A.T., V.U., J.v.D., Y.L., J.E.-G., B.M.B., J.B., S.C.D., S.W., P.K.E.M., R.J., E.J., Y.-A.L., D.I.B., C.A., R.K., G.H.K., L.P. Study design and management: M.A.F., D.A.H., B.M.B., S.W., P.K.E.M., R.J., E.J., Y.-A.L., D.I.B., C.A., R.K., G.H.K., L.P.

COMPETING FINANCIAL INTERESTS

The authors declare no competing financial interests.

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ONLINE METHODS

Meta-analysis of allergic disease GWAS results conducted in 13 studies (n=360,838). In each of 13 participating studies (Supplementary Tables 1 and 2), a GWAS was performed using an additive genetic model in individuals of European descent who reported suffering from asthma and/or hay fever and/or eczema (case group; total n=180,129) against those who never reported suffering from any of these three conditions (control group; total n=180,709). A detailed description of the procedures used to identify cases and controls, as well as for SNP genotyping, imputation and association testing, is provided for each study in the Supplementary Note.

Prior to the meta-analysis, standard quality control filters were applied to results from individual studies (Supplementary Table 1). After quality control, and restricting the analysis to SNPs present in at least the two largest studies (UK Biobank and 23andMe, Inc.; combined n = 256,623), results were available for 8,307,659 variants, of which most (89%) were available in >95% of the overall sample. Intercept estimates from LD score regression analysis⁷, which reflect inflation of test statistics likely due to technical biases, ranged between 1.00 and 1.16 (Supplementary Table 1). Results from individual studies were adjusted for the observed inflation by multiplying the square of the standard error of each genetic effect estimate by the respective LD score regression intercept. We then used METAL²⁰ to combine association results across studies using an inverse-variance-weighted, fixed-effects meta-analysis. P values from the meta-analysis were further adjusted for the meta-analysis LD score regression intercept of 1.04. The genome-wide significance threshold was set at 3×10^{-8} , as suggested previously for GWAS analyzing variants with minor allele frequency (MAF) $\geq 1\%$ (ref. 21).

Identification of independent associations through approximate condi**tional analyses.** For each chromosome, we identified all SNPs with $P \le 3 \times 10^{-5}$ 10⁻⁸, sorted these on the basis of base-pair position and then grouped variants into the same locus if the distance between consecutive variants was <1 Mb. Variants located >1 Mb from the previous genome-wide significant variant were assigned to a new locus. Next, for each of these loci, we identified statistically independent associations using approximate conditional analyses, as implemented in GCTA 5 . We refer to these as sentinel risk variants. In these analyses, LD calculations were based on a subset of 5,000 individuals from the UK Biobank study. Briefly, for each locus, we (i) identified the most significantly associated SNP (i); (ii) adjusted the summary statistics of all SNPs in that locus by the effect of the top SNP; (iii) identified the most significantly associated SNP (j) that remained genome-wide significant in the locus; and (iv) adjusted the summary statistics of all SNPs in the locus by the effects of SNPs i and j. We repeated this process until there were no SNPs associated with all ergic disease at $P \le 3 \times 10^{-8}$ after adjusting for the effect of other, more strongly independently associated variants in the locus. Lastly, we estimated the LD between sentinel variants located in different risk loci (that is, >1 Mb apart) and confirmed that r^2 was always close to 0 (no pairs of sentinel variants had $r^2 > 0.02$).

Determining the novelty status of independent SNP associations with allergic disease. Previous GWAS identified 185 SNPs associated with the risk of various allergic conditions, which we grouped into 89 independent associations on the basis of the LD between variants (Supplementary Note). We used this information to classify each of our independent SNP associations into one of two major groups: known (<1 Mb from any of the 185 previously reported associations; 'KnownLocus') and new (>1 Mb from the previously reported variants; 'NewLocus') allergy risk loci. For the first group, we then estimated the LD between each sentinel variant identified in our study and all variant(s) reported in previous GWAS. If all reported variants had $r^2 < 0.05$ with our sentinel variant, then our association was considered to represent a new risk variant in a known risk locus ('KnownLocus-NewVariant'). Alternatively, when at least one reported variant had $r^2 \ge 0.05$, our association was considered to be a known risk variant in a known risk locus ('KnownLocus-KnownVariant'). The second major group was composed of variants located in new allergy risk loci. Within this group, we used the same approach to determine whether our associations were new when considering any disease or trait with genome-wide significant associations reported in the NHGRI-EBI GWAS catalog.

Comparison of risk allele frequencies between individuals suffering from a single allergic disease. By combining information from asthma, hay fever and eczema in the case-control definition used in our GWAS, we expected our study design to improve power to identify risk variants shared between but not specific to any of the three diseases⁶. To understand whether the associations discovered in our GWAS were indeed likely to represent risk factors shared across allergic diseases, we took advantage of the observation that not all affected individuals reported allergic comorbidities 1,22,23 and compared allele frequencies between three groups of adults: asthma-only cases (n =12,268), hay fever-only cases (n = 33,305) and eczema-only cases (n = 6,276). The studies that contributed to this analysis are indicated in Supplementary Table 1 and described in detail in the Supplementary Note. We performed three sets of association analyses contrasting three non-overlapping groups of individuals: asthma only (g1) versus hay fever only (g2); asthma only (g1) versus eczema only (g3); and hay fever only (g2) versus eczema only (g3). These analyses are statistically independent from the case-control analysis carried out as part of the GWAS, which facilitates interpretation of the results. For a given sentinel SNP, results from these analyses indicate whether the risk allele is more (OR > 1) or less (OR < 1) common in, for example, group 1 (g1) when compared to group 2 (g2). For example, if a SNP contributed similarly to the risks of asthma and hay fever but not to that of eczema, then one would expect an OR of ~1 in the asthma versus. hay fever comparison but an OR of >1 in the asthma versus eczema and hay fever versus eczema analyses. The significance threshold for these analyses was set at 1.2×10^{-4} , which corresponds to a Bonferroni correction for the 136 SNPs and three sets of analyses performed ($P < 0.05/(136 \times 3)$).

Association between sentinel risk variants and variation in allergy age of onset. There is considerable variation in the age at which allergic diseases are first reported, which has been shown to be influenced by genetic risk factors²⁴. We therefore studied the association between the sentinel variants identified in our GWAS and age of onset observed in the UK Biobank study (n = 35,972). For each individual, we first considered the earliest age of any allergic disease (asthma or hay fever/eczema; the latter two were covered by the same question and so could not be differentiated) being reported. SNPs were tested for association with this phenotype, with sex and a SNP array variable included as covariates. The significance threshold used for this analysis was 3.6×10^{-4} (P < 0.05/136). Because significant SNP associations with this broad age-ofonset phenotype could be driven by different risk allele frequencies among cases suffering from different individual conditions (for example, an FLG variant might be associated with earliest age of onset because it is more prevalent in cases with eczema, which tends to precede the development of asthma and hay fever²⁵), we repeated the analysis by considering individuals who had reported suffering only from a single disease: asthma-only (n = 7,445), hay fever-only (n = 4,232) and eczema-only (n = 1,225) cases. For a given SNP, differences in effect size (β) between groups were quantified using the formula $z = \sigma/SE_{\sigma}$ where $\sigma = \beta_{\text{group A}} - \beta_{\text{group B}}$ and $SE_{\sigma} = \text{sqrt}(SE_{\beta \text{group A}}^2 + SE_{\beta \text{group B}}^2)$, which follows a normal distribution.

Estimating the contribution of the sentinel variants to the heritability of asthma, hay fever and eczema. Five steps were involved. First, we performed a GWAS of the individual diseases in the HUNT study, which was not included in the discovery meta-analysis. The HUNT study is described in greater detail in the Supplementary Note. Briefly, on the basis of self-reported information from a questionnaire, we identified 1,875 cases and 16,463 controls for the asthma GWAS; 6,939 cases and 12,844 controls for the hay fever GWAS; and 2,630 cases and 16,131 controls for the eczema GWAS. After quality control filters, we analyzed 7.6 million common variants (genotyped and imputed) for association with each individual phenotype. The genomic inflation factor (λ) for these analyses was 1.049 for asthma, 1.078 for hay fever and 1.041 for eczema. Second, for each of the three diseases, we quantified the overall SNP-based heritabilities with LD score regression using a subset of 1.2 million HapMap SNPs. To obtain a heritability estimate on the liability scale, we set the population prevalence to be the same as the sample prevalence, given that this was a population-based study. Third, we removed the 136 sentinel variants (and all variants correlated at $r^2 > 0.05$) from the individual disease GWAS results. Fourth, we re-estimated SNP-based heritabilities as described

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for step two, but now using the GWAS results without the 136 top associations. In the fifth and final step, the contribution of the 136 sentinel variants toward the heritability of each disease was calculated as the difference between the SNP-based heritability estimated in steps two (all SNPs) and four (without the 136 top associations).

Identification of plausible target genes of sentinel risk variants. Two independent strategies were used to identify plausible target genes underlying the observed associations. By 'target gene', we mean a gene for which the protein sequence and/or variation in transcription is associated with a sentinel risk variant or one of its proxies ($r^2 > 0.8$).

First, we used wANNOVAR²⁶ to identify genes containing nonsynonymous SNPs among all variants in LD ($r^2 > 0.8$) with any sentinel risk variant. SNPs in LD with sentinel risk variants were identified using genotype data from individuals of European descent from the 1000 Genomes Project²⁷ (n = 294; release 20130502_v5a).

Second, to identify genes with transcription levels associated with a sentinel risk variant or one of its proxies ($r^2 > 0.8$), we queried publicly available results from 39 published eQTL studies conducted in 19 tissues or cell types relevant to allergic disease (Supplementary Table 13). We used a conservative significance threshold to identify significant SNP-gene expression associations, specifically $P < 2.3 \times 10^{-9}$ for *cis* effects (<1 Mb). We selected this threshold on the basis of a Bonferroni correction considering the total number of proteincoding genes (G) and the number of SNPs likely to have been tested per gene (M): $P < 0.05/(G \times M)$. G was set at 21,742, on the basis of the GeneCards database²⁸, queried on 19 October 2016. We approximated M to be 1,000, as indicated by others^{29–31}, and so the threshold became P = 0.05/(21,472 genes) \times 1,000 SNPs per gene) = 2.3 \times 10⁻⁹. We did not use information from *trans*eQTLs to identify plausible target genes of sentinel risk variants because often these are thought to involve indirect effects³² (for example, where the sentinel SNP influences the expression of a transcript in cis, which in turn affects the expression of many other genes in trans).

For each eQTL study, and within each study for each tissue, we created a list of SNPs associated with gene expression in cis at $P < 2.3 \times 10^{-9}$. Then, for each gene in that study–tissue data set, we used the --clump procedure in PLINK to reduce the list of expression-associated SNPs (which often included many correlated SNPs) to a set of 'sentinel eQTLs', defined as the SNPs with the strongest association with gene expression and in low LD ($r^2 < 0.05$, LD window of 2 Mb) with each other. This procedure was repeated for each of the 94 study–tissue data sets listed in **Supplementary Table 13**. Finally, we identified as a likely target of a sentinel allergy risk variant any gene for which a sentinel eQTL in any of the 94 study–tissue data sets had LD $r^2 > 0.8$ with the sentinel risk variant. That is, we only considered genes for which there was strong LD between a sentinel variant and a sentinel eQTL, which reduces the chance of spurious colocalization. We did not use statistical approaches developed to distinguish colocalization from shared genetic effects because these have very limited resolution at high LD levels ($r^2 > 0.8$)³³.

To help prioritize plausible target genes for functional validation in subsequent studies, we identified genes for which publicly available functional data supported not just the presence of chromatin interactions between an enhancer and a gene promoter (based on $5\mathrm{C}^{34}$, promoter capture Hi-C³⁵, ChIA-PET³⁶ or *in situ* Hi-C³⁷ data), but also an association between variation in enhancer epigenetic marks and variation in gene transcription levels (based on PreSTIGE³⁸, H3K27ac enhancer and super-enhancer annotations³⁹, IM-PET⁴⁰ or FANTOM5 (ref. 41 analyses). We considered data from immune cell types, lung and skin (**Supplementary Table 16**) and putative enhancers that overlapped a sentinel risk variant (or one of its proxies in high LD, $r^2 > 0.95$).

Genes that were unlikely to have been previously implicated in the pathophysiology of allergic disease were identified using the procedure described in the **Supplementary Note**.

Enrichment in tissue-specific gene expression. We used the TSEA approach⁹ to identify tissues that were likely to be affected functionally by the biological effects of the sentinel risk variants. We implemented this approach locally using custom scripts. Specifically, for each of 25 broad tissue types studied by the GTEx Consortium, we tested whether genes with tissue-specific

expression (based on a specificity index threshold (pSI) of 0.05; listed in file TableS3_NAR_Dougherty_Tissue_gene_pSI_v3-1.txt, downloaded from http://genetics.wustl.edu/jdlab/psi_package/) were enriched among the list of plausible target genes when compared to the rest of the genes in the genome. After excluding genes without a pSI value and in the MHC region, there were 112 plausible target genes and 17,671 background genes available for analysis. To test whether the plausible target genes were enriched for genes with specific expression in a given tissue, we used Fisher's exact test (one-sided). To rule out the possibility that a significant enrichment could arise because the list of plausible targets was enriched for genes with eQTLs, we repeated the analysis after restricting the background gene list to a subset of 12,804 genes that were found to have eQTLs in the same eQTL studies that were used to identify plausible target genes of sentinel variants.

We also tested whether a significant enrichment in tissue-specific expression could be a general feature of genes near sentinel risk variants and not specific to the list of genes identified as plausible targets. To address this possibility, we generated 1,000 arbitrary gene lists, each containing 112 random genes instead of the plausible target genes. We selected genes at random from the 17,783 with an available pSI value and not in the MHC region, using three strategies. First, genes were randomly drawn from allergy risk loci (± 1 Mb with respect to a sentinel variant). To generate each list of random genes, for each non-MHC allergy risk locus L, we randomly selected a locus R from the subset of non-MHC allergy risk loci for which the number of genes available for selection was the same or greater than the actual number of plausible target genes (T) selected for locus L. Then, for locus R, we selected T genes at random from the available genes in that locus. This procedure was repeated for all non-MHC allergy risk loci, ensuring that the same locus was not selected twice in a given random data set.

In the second strategy, genes were randomly drawn from 2-Mb loci selected at random from the genome. In this case, to generate each list of random genes, we first partitioned the autosomes (excluding the MHC region) into 1,430 consecutive 2-Mb loci and counted how many genes with an available pSI value were present in each of these loci. Then, for each non-MHC allergy risk locus L, we randomly selected a locus R from the subset of 2-Mb loci for which the number of genes available for selection satisfied the following criteria: (i) the number was the same or greater than the actual number of plausible target genes (T) selected for locus L and (ii) the number matched (within 10%) the number of genes available for selection for locus L. This was important to ensure that the randomly selected locus R was comparable to the allergy risk locus L in terms of the number of genes available for selection. Then, for locus R, we selected T genes at random from the available genes in that locus.

In the third and final strategy, we simply selected genes at random from all 17,783 non-MHC genes with an available pSI value, ignoring where the genes were located in the genome. As a result, for a given random list, the genes selected could only be in close proximity to other genes in that same list by chance alone.

The same approach used to test enrichment in tissue-specific expression for the plausible target genes was then used to analyze each of the 1,000 lists of random genes. For each of these lists, the smallest P value observed across all 25 tissues tested was retained (P_{\min}). The proportion of random gene lists (out of 1,000) with a P_{\min} value that was the same or lower than the enrichment P value observed with the plausible target genes (P_{obs}) was then calculated. This corresponds to the probability of exceeding that enrichment when analyzing the random gene lists, after correcting for the 25 tissues tested. As we did for the analysis of the plausible target genes, we repeated the generation and analysis of random gene lists after restricting the genes available for selection (and the background gene list) to the subset of genes with a known eQTL.

Enrichment in tissue-specific SNP heritability. Finucane *et al.* ¹⁰ developed an approach to identify tissues likely affected by the functional effects of disease risk variants, called stratified LD score regression. This approach quantifies the contribution of SNPs located in tissue-specific regulatory annotations to the overall disease heritability. As such, it does not require the identification of likely target genes of allergy risk variant and considers all SNPs in the genome, not just those with a genome-wide significant association with disease risk. Specifically, up to four histone marks (H3K4me1, H3K4me3, H3K9ac and H3K27ac) measured by the ENCODE project are used to define

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regulatory annotations (for example, enhancers) in 100 different cell types. SNPs that overlap these regulatory annotations are then identified and their contribution as a group to the disease heritability is quantified. As recommended by Finucane $et\ al.^{10}$, we ranked cell types on the basis of the P value of the regression coefficient, rather than the P value of total enrichment. To ensure that significant SNP heritability enrichments were not explained by the effects of sentinel variants, we removed the top SNPs (and any variants with $r^2>0.05$ with these) from the meta-analysis GWAS results and repeated the LD score regression analysis.

Enrichment of biological processes. To identify biological processes enriched among the non-MHC target genes, we used GeneNetwork¹². With this approach, gene sets originally included in a given GO biological process (BP) were expanded to include other genes on the basis of a 'guilt-by-association' procedure¹². After excluding BPs with <10 or >500 genes, 3,770 BPs were available for analysis. For each BP, we tested its enrichment among the list of plausible target genes as follows. First, we downloaded a gene set file containing z scores for each of 19,976 unique genes in the genome from http://129.125.135.180: 8080/GeneNetwork/resources/ontology?ontology=GO_BP&term=[pathway], where "pathway" was replaced with the actual name of the BP being tested (for example, GO:0000002). The z score for gene X in that file reflects the probability that gene X is part of that BP. Second, we compared the distribution of z scores between the list of plausible target genes (107 non-MHC genes were in the GeneNetwork gene set files and so were available for analysis) and a background gene list of 18,193 genes (obtained after excluding MHC genes, the 107 plausible target genes and genes not listed in GENCODE release 19), using a one-sided Wilcoxon rank-sum test. The P value from this test represents the probability that genes in that BP are enriched among the list of plausible target genes, when compared to the background gene list.

As for the enrichment analysis of tissue-specific expression, we estimated how often a BP enrichment observed with the list of plausible target genes would be expected had we sampled genes at random from the allergy risk loci or from random loci. This analysis addresses the possibility that an observed enrichment might not be a specific feature of the plausible target genes identified but instead a general feature of genes located near sentinel allergy risk variants or simply in close proximity to each other. We used the same three strategies described above to generate 1,000 lists of random genes, sampling from the 18,300 non-MHC genes with an available z score and in GENCODE release 19. To determine whether using eQTL information to identify plausible target genes could have biased the enrichment analysis, we generated and analyzed random gene lists after restricting the genes available for selection to the subset with known eQTLs (12,913) but found very similar results (data not shown).

Common traits and diseases associated with allergic disease risk variants.

We first identified all variants in LD ($r^2 > 0.8$) with a sentinel risk variant using data from Europeans in the 1000 Genomes Project²⁷ (n = 294; release 20130502_v5a) and extracted any associations with these reported in the NHGRI-EBI GWAS catalog database⁴² (queried on 13 December 2016) or by Astle *et al.*⁴³, a large GWAS of blood cell counts (n = 173,480). To complement this analysis, we estimated the SNP-based genetic correlation between our GWAS and results reported for 229 common traits or diseases, using LD Hub⁴⁴. In these analyses, results from our meta-analysis were not corrected for the LD score intercept, either at the study level or after the meta-analysis.

Identification of target genes considered as drug targets for human diseases.

To identify genes encoding transcripts that are targets of drugs considered for clinical development, we queried the Thomson Reuters Cortellis Drug database between 7 and 15 November 2016, which included 63,417 drugs. The drug search was carried out individually for each gene. First, a search query was built based on the following format: HGNC approved gene name OR alias_1 OR ... OR alias_N. Gene name aliases were obtained from the Bioconductor annotation package org.Hs.eg.db. For example, to find drugs that target *IL6R*, the search query used was: "CD126" OR "IL-6R-1" OR "IL-6RA" OR "IL6Q" OR "IL6Q" OR "gp80" OR "IL6R" OR "interleukin 6 receptor". Second, after running the search query, results were filtered on the basis of the ascribed 'target-based actions', keeping only entries that corresponded to the gene name or an alias. For example, of the 65 results obtained with the *IL6R*

query above, only for 20 did the target-based action mention *IL6R* or an alias. Third, drug results were downloaded and the gene and respective drug were allocated to one of three groups: (i) gene with at least one drug considered for the treatment of allergic diseases; (ii) gene considered for the treatment of immune-related conditions but not allergic diseases specifically; and (iii) gene considered for the treatment of other conditions.

Directional effect of the allergy-protective allele on target gene expression.

In an attempt to predict whether existing drugs would be expected to attenuate or exacerbate allergic symptoms, we compared the effect on gene expression between the allergy-protective allele and the existing drug. We acknowledge that this is a simplistic comparison because it assumes that the directional effect of the protective allele on transcription levels is not dependent on tissue or context, which is true for most but not all expression-associated SNPs^{45–47}, and extends to protein levels.

To determine whether the allergy-protective allele of a sentinel variant was associated with higher or lower target gene expression, we focused on the subset of target genes identified via an eQTL (see above). It was straightforward to assess when the sentinel SNP and the expression-associated SNP were the same variant: for example, if the allergy-protective allele had a negative effect (β or z score) on gene expression in the published eQTL study, then that allele was associated with lower gene expression. On the other hand, when the two SNPs did not correspond to the same variant but were in high LD ($r^2 > 0.8$) with each other, we first determined which allele of the expression-associated SNP was on the same haplotype as the allergy risk allele. Then we used that allele to infer the direction of effect of the allergy risk allele on gene expression.

Modulation of target gene methylation by environmental risk factors. We first tested whether variation in DNA CpG methylation was associated with variation in target gene expression, independently of SNP effects, using data from the Biobank-based Integrative Omics Study (BIOS) consortium that are described in detail elsewhere 15,48. Methylation and expression levels in whole blood samples (n = 2,101) were quantified, respectively, with Illumina Infinium HumanMethylation450 BeadChip Kit arrays and RNA-seq (2 × 50bp paired-end reads; HiSeq 2000; >15 million read pairs per sample). For each target gene, we identified CpG sites in cis (<250 kb from the gene) for which methylation levels were significantly associated with gene expression levels (false discovery rate < 5%), after adjusting the methylation levels for methylation-associated SNPs and expression levels for expression-associated SNPs. Such CpG sites, called cis-eQTMs, were identified in a previous study¹⁵ and downloaded from http://genenetwork.nl/biosqtlbrowser. For most genes, there were multiple cis-eQTMs, and so we selected the CpG site most strongly associated with variation in gene expression for downstream analyses.

Next, we tested the association between methylation levels at these sentinel CpGs with five established risk factors for allergic disease using data from unrelated individuals of the Netherlands Twin Register (NTR) study, which was included in the BIOS consortium studies 15,48. The risk factors tested were current smoking (n = 1,221), maternal smoking (n = 637), body mass index (BMI; n = 1,214), birth weight (n = 1,015) and number of older siblings (n = 775). Information on BMI and current smoking was collected as part of the NTR biobank project⁴⁹ at blood draw. Birth weight was obtained in multiple NTR surveys as previously described⁵⁰. Maternal smoking during pregnancy was measured in NTR Survey 10 (data collection in 2013) with the following question: "Did your mother ever smoke during pregnancy?" with answer categories "no", "yes" and "I don't know". Information on number of older siblings was obtained through self-report in NTR surveys 2, 3 and 6. For twin pairs, answers were checked for consistency and missing data for one twin were supplemented with data from the co-twin where possible. Linear or logistic regression was used to test the association between methylation (β value) and individual risk factors, with the following variables included as covariates: sex, age at blood sampling, methylation array row, bisulfite plate and white blood cell percentages (% neutrophils, % monocytes and % eosinophils). The association with maternal smoking was tested while also adjusting for smoking status.

Data availability. Summary statistics of the meta-analysis without the 23andMe study are available for download at https://genepi.qimr.edu.au/staff/manuelf/gwas_results/main.html. The full GWAS summary statistics for the

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23andMe discovery data set will be made available through 23andMe to qualified researchers under an agreement with 23andMe that protects the privacy of the 23andMe participants. Please contact David Hinds (dhinds@23andme.com) for more information and to apply to access the 23andMe data. A Life Sciences Reporting Summary is available for this paper.

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Experimental design

1. Sample size

Describe how sample size was determined.

Studies were invited to participate in the meta-analysis if: (1) genome-wide genotype data were available for >2,000 individuals (prior to final phenotype exclusions); and (2): information was available on asthma, hay fever and eczema status.

2. Data exclusions

Describe any data exclusions.

Pre-defined exclusion criteria were applied at the study-level as part of standard GWAS quality control procedures. These included, for example, excluding samples and SNPs with high levels of missing data.

3. Replication

Describe whether the experimental findings were reliably reproduced.

4. Randomization

Describe how samples/organisms/participants were allocated into experimental groups.

No replication phase was included in this study.

Participants were allocated to the case or control groups based on available information for asthma, hay fever and eczema. Specifically, participants suffering from one or more allergic condition were considered as cases. Participants who had never suffered from any allergic condition were considered as controls.

5. Blinding

Describe whether the investigators were blinded to group allocation during data collection and/or analysis.

For most studies, investigators involved in blood collection and DNA genotyping were blinded to case-control status.

Note: all studies involving animals and/or human research participants must disclose whether blinding and randomization were used.

6. Statistical parameters For all figures and tables that use statistical methods, confirm that the following items are present in relevant figure legends (or in the					
Methods section if additional space is needed).					
n/a Confirmed					
The <u>exact sample size</u> (<i>n</i>) for each experimental group/co	The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement (animals, litters, cultures, etc.)				
A description of how samples were collected, noting whether measurements were taken from distinct samples or whether the same sample was measured repeatedly					
A statement indicating how many times each experiment was replicated					
The statistical test(s) used and whether they are one- or two-sided (note: only common tests should be described solely by name; more complex techniques should be described in the Methods section)					
A description of any assumptions or corrections, such as an adjustment for multiple comparisons					
The test results (e.g. <i>P</i> values) given as exact values whenever possible and with confidence intervals noted					
A clear description of statistics including central tendency (e.g. median, mean) and variation (e.g. standard deviation, interquartile range)					
Clearly defined error bars					
See the web collection on statistics for biologists for further resources and guidance.					
► Software					
Policy information about availability of computer code					
7. Software					
Describe the software used to analyze the data in this study.	R, PLINK, METAL, SNPTEST, BOLT-LMM, RAREMETALWORKER, GCTA, MACH2DAT, EPACTS, EIGENSTRAT				
For manuscripts utilizing custom algorithms or software that are central to the paper but not yet described in the published literature, software must be made available to editors and reviewers upon request. We strongly encourage code deposition in a community repository (e.g. GitHub). <i>Nature Methods</i> guidance for providing algorithms and software for publication provides further information on this topic.					
► Materials and reagents					
Policy information about availability of materials					
8. Materials availability					
Indicate whether there are restrictions on availability of unique materials or if these materials are only available for distribution by a for-profit company.	Summary statistics of the meta-analysis without the 23andMe study will be made publicly available at the time of publication. The full GWAS summary statistics for the 23andMe discovery data set will be made available through 23andMe to qualified researchers under an agreement with 23andMe that protects the privacy of the 23andMe participants. Please contact David Hinds (dhinds@23andme.com) for more information and to apply to access the 23andMe data.				
9. Antibodies					
Describe the antibodies used and how they were validated for use in the system under study (i.e. assay and species).	No antibodies were used				
10. Eukaryotic cell lines					
a. State the source of each eukaryotic cell line used.	No cell lines were used				

- b. Describe the method of cell line authentication used.
- c. Report whether the cell lines were tested for mycoplasma contamination.
- d. If any of the cell lines used are listed in the database of commonly misidentified cell lines maintained by ICLAC, provide a scientific rationale for their use.

No cell lines were used

No cell lines were used

No cell lines were used

▶ Animals and human research participants

Policy information about studies involving animals; when reporting animal research, follow the ARRIVE guidelines

11. Description of research animals

Provide details on animals and/or animal-derived materials used in the study.

No animals were used

Policy information about studies involving human research participants

12. Description of human research participants

Describe the covariate-relevant population characteristics of the human research participants.

We studied 180,129 participants who reported having suffered from asthma and/or hay fever and/or eczema, and 180,709 participants who reported not suffering from any of these diseases. Mean age within each contributing study varied between 4 and 62, with females representing 39% to 68% of the sample size.