

Supplementary Information

Identification of seven loci affecting mean telomere length and their association with disease

Veryan Codd, Christopher P. Nelson, Eva Albrecht, Massimo Mangino, Joris Deelen, Jessica L. Buxton, Jouke Jan Hottenga, Krista Fischer, Tõnu Esko, Ida Surakka, Linda Broer, Dale R. Nyholt, Irene Mateo Leach, Perttu Salo, Sara Hägg, Mary K. Matthews, Jutta Palmen, Giuseppe D. Norata, Paul F. O'Reilly, Danish Saleheen, Najaf Amin, Anthony J. Balmforth, Marian Beekman, Rudolf A. de Boer, Stefan Böhringer, Peter S. Braund, Paul R. Burton, Anton J. M. de Craen, Matthew Denniff, Yanbin Dong, Konstantinos Douroudis, Elena Dubinina, Johan G. Eriksson, Katia Garlaschelli, Dehuang Guo, Anna-Liisa Hartikainen, Anjali K Henders, Jeanine J. Houwing-Duistermaat, Laura Kananen, Lennart C. Karssen, Johannes Kettunen, Norman Klopp, Vasiliki Lagou, Elisabeth M. van Leeuwen, Pamela Madden, Reedik Mägi, Patrik K.E. Magnusson, Satu Männistö, Mark I. McCarthy, Sarah E. Medland, Evelin Mihailov, Grant W. Montgomery, Ben A. Oostra, Aarno Palotie, Annette Peters, Helen Pollard, Anneli Pouta, Inga Prokopenko, Samuli Ripatti, Veikko Salomaa, H. Eka D. Suchiman⁵, Ana M. Valdes, Niek Verweij, Ana Vinuela, Xiaoling Wang, H.-Erich Wichmann, Elisabeth Widen, Gonneke Willemsen, Margie J. Wright, Kai Xia, Xiangjun Xiao, Dirk J. van Veldhuisen, Alberico L. Catapano, Martin D. Tobin, Alistair S. Hall, Alexandra I.F. Blakemore, Wiek H. van Gilst, Haidong Zhu, CARDIoGRAM consortium, Jeanette Erdmann, Muredach P. Reilly, Sekar Kathiresan, Heribert Schunkert, Philippa J. Talmud, Nancy L. Pedersen, Markus Perola, Willem Ouwehand, Jaakko Kaprio, Nicholas G. Martin, Cornelia M. van Duijn, Iris Hovatta, Christian Gieger, Andres Metspalu, Dorret I. Boomsma, Marjo-Riitta Jarvelin, P. Eline Slagboom, John R. Thompson, Tim D. Spector, Pim van der Harst, Nilesh J. Samani.

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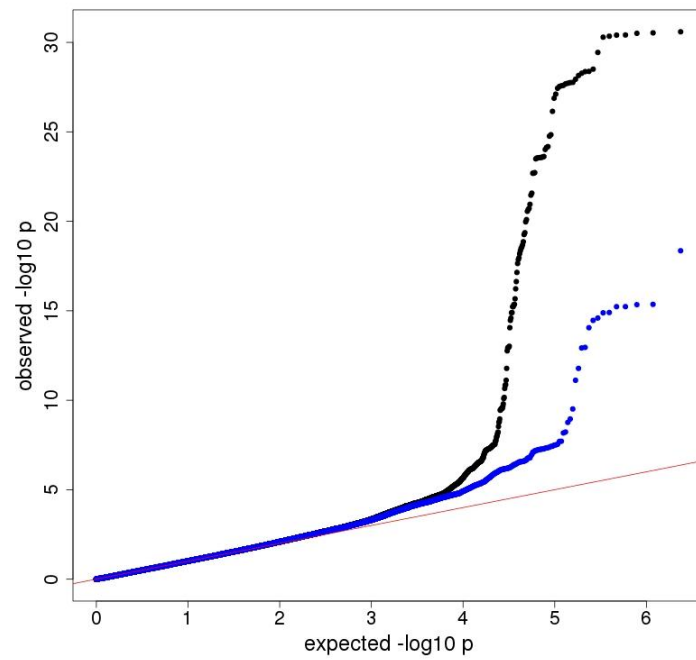
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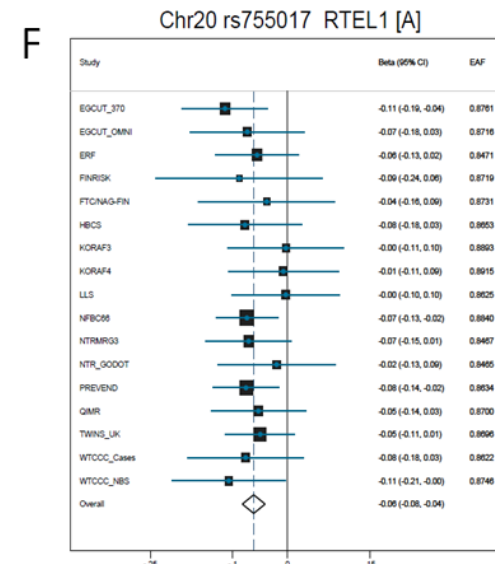
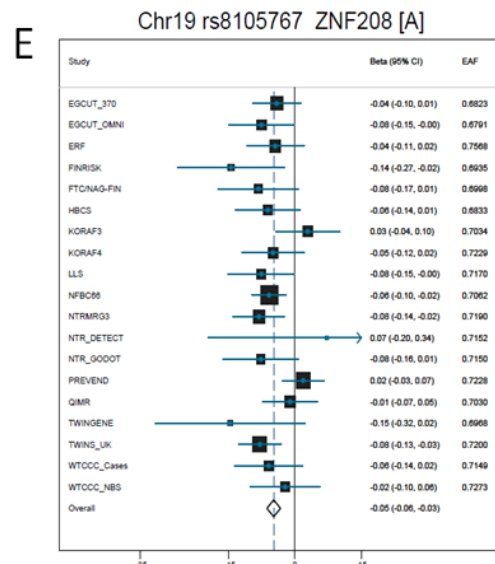
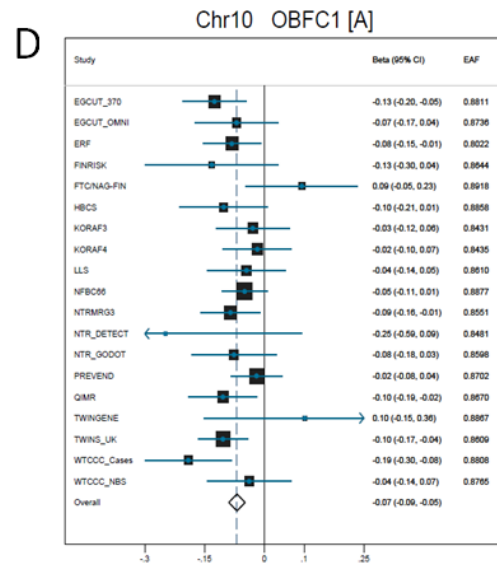
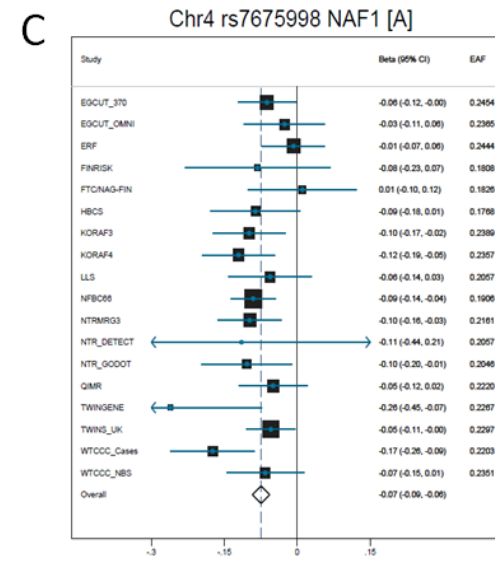
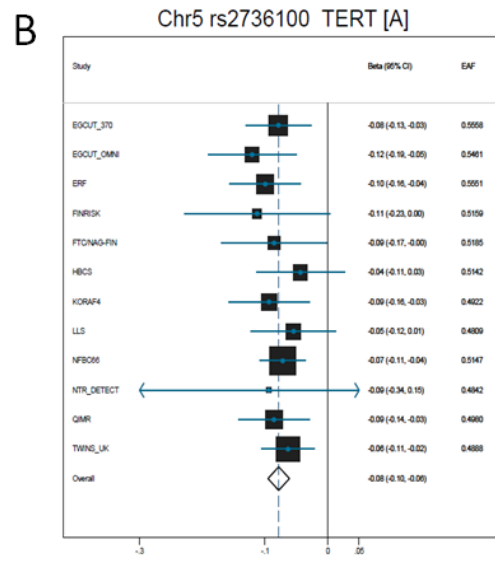
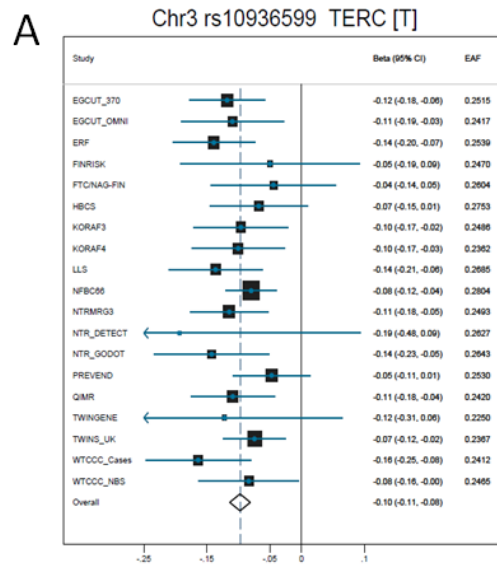
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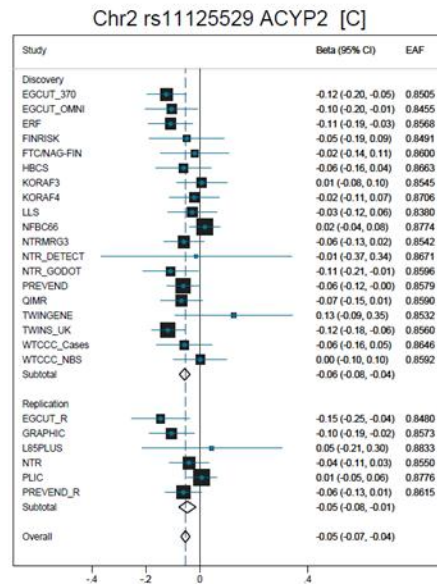
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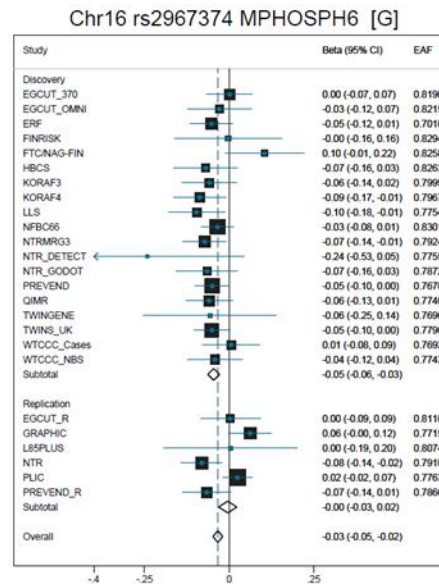
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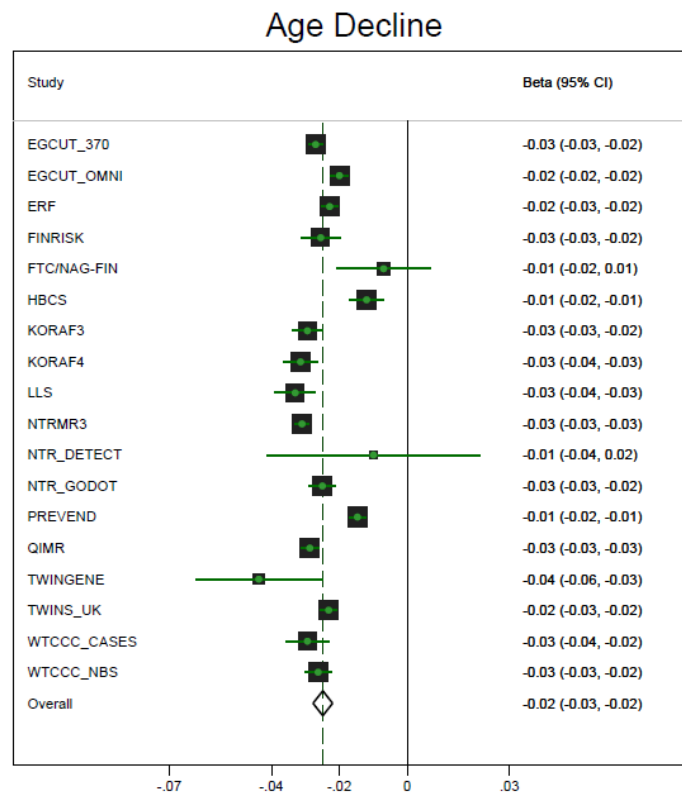
G



H



Supplementary Figure 2. Forest plots of the identified loci showing the association results for individual cohorts. The plots for the two SNPs taken forward for replication (G, H) also include the results from the replication cohorts. All effect sizes are plotted with 95% CI intervals for the allele associating with shorter LTL. The effect allele is specified in the title for each plot. Box sizes represent the weight attributed to each study. The frequencies for the effect allele (EAF) are given on the right hand side of each plot and good agreement can be seen across studies.



Supplementary Figure 3. Estimates of cross-sectional age-related decline in telomere length based on z-scored LTL. Effect sizes are plotted with 95% CI intervals for each study and box sizes represent the weight attributed to each study. The overall estimate of per-allele decline in LTL is from a random-effects meta-analysis across all studies.

Supplementary Table 1: Cohort demographics for studies included in the GWA meta-analysis (1A) and replication phase (1B).

Supplementary Table 1A

Cohort	Nationality	Cohort Type	N	Age distribution Mean +/- SD (Range)	Sex distribution % Male	T/S distribution Mean +/- SD (Range)	T/S change per year	Sex effect	LTL laboratory	LTL CV (%)
BHF-FHS	UK	CAD	1487	60.8±7.9 (36-82)	80.1	1.35±0.22 (0.69 - 2.13)	-0.006**	0.033*	1	3.5
EGCUT_370	Estonia	Population	2309	40.1±16.2 (17-91)	48.2	1.85±0.33 (0.94- 3.52)	-0.009**	0.085**	1	3.7
EGCUT_OMNI	Estonia	Population	1251	58.9±22.2 (18 - 103)	38.7	1.69±0.30 (0.93 - 2.84)	-0.006**	0.057*	1	3.7
ERF	Netherlands	Population Family based	2581	49.76±14.87 (17-89)	44.5	1.78 ±0.36 (0.77-3.17)	-0.008**	0.068**	1	3.5
FINRISK	Finland	Population	520	52.2±13.8 (25-74)	47.4	0.150± 0.186 (-0.37 - 0.77)	-0.0047**	0.018	2	7.7
FTC/NAG-FIN	Finland	Smokers, Twin	1054	54.9±4.5 (41- 76)	61.9	0.91±0.16 (0.52 - 1.42)	-0.001	0.056**	2	8.2
HBCS	Finland	Population	1582	61.5±2.9 (56 – 69)	43.4	1.39 - 0.29 (0.61 - 2.32)	-0.012**	0.043*	2	24.8
KORA F3	Germany	Population	1636	62.2±10.1 (34-79)	49.6	1.70±0.28 (0.92 - 2.62)	-0.008**	0.061**	1	3.6
KORA F4	Germany	Population	1801	60.9±8.9 (31-81)	48.6	1.80±0.31 (1.02 - 3.01)	-0.010**	0.112**	1	3.1
LLS	Netherlands	Population	2266	59.24± 6.8 (30 - 80)	45.7	1.46±0.27, (0.74 – 2.43)	-0.009**	0.045**	1	2.7
NFBC1966	Finland	Population Birth cohort	5146	31±0	48.2	1.22±0.48 (0.28-4.88)	N/A	0.059**	3	6.2
NTRMRG3	Netherlands	Population, Twin	2532	43.6±14.7 (17 – 82)	33.3	2.67±0.49 (1.01 – 4.47)	-0.015**	0.177**	1	3.7

NTR_DETECT	Netherlands	Population, Twin	158	18.7±3.9 (17 - 57)	52.5	2.99±0.38 (1.52 – 4.21)	0.000	-0.003 [†]	1	3.7
NTR_GODOT	Netherlands	Population, Twin	1435	35.7±10.6 (17 - 76)	37.8	2.83±0.47 (0.81 – 4.61)	-0.012**	0.063*	1	3.7
PREVEND	Netherlands	Population	2926	48.0±11.1 (28-69)	51.0	0.004±0.28 (-0.68 - 1.015)	-0.004**	0.033**	4	3.9
QIMR	Australia	Population, Twin	2371	24.0±14.9 (7 -72)	49.1	3.49±0.61 (1.47 – 5.72)	-0.018**	0.093**	1	3.9
TWINGENE	Sweden	Population, Twin	300	71.7±5.9 (55 - 91)	0	1.43±0.25 (0.96 -2.26)	-0.011**	N/A	1	2.9
TWINSUK	UK	Population, Twin	4899	51.0±13.4 (16 - 99)	9.0	3.71±0.68 (0.68 – 11.40)	-0.016**	-0.008 [†]	1	3.3
UKBS	UK	Population	1430	43.4±12.4 (17-69)	48.4	1.80±0.50 (0.80 - 3.01)	-0.009**	0.035*	1	3.5

Supplementary Table 1B

Cohort	Nationality	Cohort Type	N	Age distribution Mean +/- SD (Range)	Sex distribution % Male	T/S distribution Mean +/- SD (Range)	T/S change per year	Sex effect	LTL laboratory	LTL CV (%)
EGCUT_R	Estonia	Population	1087	47.3±17.5 (18-93)	57.0	1.77±0.32 (0.88-3.24)	-0.006**	0.045	1	3.8
GRAPHIC	UK	Population, Family	2020	39.3±14.5 (18-60)	50.5	1.60±0.26 (0.50 - 3.01)	-0.007**	0.051**	1	3.6
L85PLUS	Netherlands	Population (Elderly)	298	85±0	28.9	2.98±0.74 (1.66-6.52)	NA	0.061	1	3.4
PLIC	Italy	Population	1871	54.6±11.4 (18 - 82)	42.1	1.11±0.36 (0.01- 2.54)	-0.005**	0.014	5	<5
PREVEND	Netherlands	Population	2878	47.5±11.5 (28-69)	47.5	1.00±0.25 (0.47-1.65)	-0.004**	0.022*	4	3.9
NTR	Netherlands	Population, Twin	2585	48.28±15.66 (12-90)	41.5	2.53±0.46 (0.96-4.6)	-0.013*	0.016*	1	3.9

T/S distributions are given from the primary data for each study prior to z-transformation for analysis. Level of statistical significance is denoted by * $P < 0.01$, ** $P < 0.0001$. Sex effect is shown as the effect of being female on T/S. As expected, LTL was found to be longer in females in the majority of studies although this effect was not statistically significant for all. †Two exceptions to this were the NTR_DETECT and TWINSUK cohorts, most likely due to the small sample size and relative lack of male subjects in these studies respectively. All cohorts showed the expected age-associated decline in TL, again with the exception of the very small NTR_DETECT cohort. Where non-normal distribution of LTL measurements was observed logT/S is given. For the measurement laboratory: 1, Leicester; 2, Helsinki; 3, Imperial College London; 4, Groningen; 5, UCL London. The mean inter-run coefficient of variation for each study (calculated for the T/S ratio) is also stated.

Supplementary Table 2: Details of genotyping platforms, imputation algorithm and analysis methods used by each study.

Study	Genotyping Platform	Genotype calling algorithm	Genotyped SNPs	Imputation algorithm	Total SNPs (after QC)	Analysis program	Study-specific covariates	Genomic inflation control
BHF-FHS	Affymetrix 500K	CHIAMO	470,454	IMPUTE	2,250,328	SNPTest	-	1.014
EGCUT_370	Illumina HumanCNV370	GenomeStudio	321,407	IMPUTE	2,337,450	SNPTest	First three principle components	1.031
EGCUT_OMNI	Illumina HumanOmniExpress	GenomeStudio	630,155	IMPUTE	2,434,144	SNPTest	First three principle components	1.005
ERF	Illumina 6K, Illumina 318K, Illumina370K, Affymetrix 250K	Beadstudio	650,197	MACH	2,357,460	ProbABEL	Family structure	1.070
FINRISK	Illumina 610 Quad	Illuminus	554,988	MACH	2,394,977	ProbABEL	-	1.025
FTC/NAG-FIN	Illumina HumanHap670K	Illuminus	549,060	IMPUTE	2,505,753	SNPTest	Family structure	1.007
HBCS	Illumina HumanHap670K	Illuminus	546,814	MACH	2,398,230	ProbABEL	-	1.003
KORA F3	Affymetrix 500K	BRLMM	379,392	IMPUTE	2,326,768	SNPTest	-	1.006
KORA F4	Affymetrix 6.0	Birdseed2	909,622	IMPUTE	2,406,045	SNPTest	-	1.020
LLS	Illumina 660w-quad / IlluminaOmniExpress	GenomeStudio	298,538	IMPUTE	2,391,111	QT-assoc	Family Structure	1.062
L85PLUS	IlluminaOmniExpress	GenomeStudio	603,314	IMPUTE	2,470,677	QT-assoc		1.010
NFBC1966	Illumina	Beadstudio	339,629	IMPUTE	2,365,573	SNPTest	First three	1.028

	HumanCNV370DUO						principle components	
NTRMRG3	Illumina 370 Affy-PerlegenIllumina 660Affymetrix 6.0 Illumina Omni Express	Beadstudio Afymterix_ perlegen proprietary, Birdseed 2	1,257,594	IMPUTE	2,300,386	EMMAX	Family structure	1.028
NTR_DETECT	Affymetrix 6.0	Affy Birdseed 2	729,472	Beagle/Min imach	2,047,577	PLINK	Family structure	1.112
NTR_GODOT	Affymetrix 6.0	Affy Birdseed 2	666,284	Minimach	2,296,548	PLINK	Family structure	1.018
PREVEND	Illumina CytoSNP12 v2	GenomeStudio	244,868	Beagle v3.1.0	1,734,983	PLINK	-	1.002
QIMR	Illumina HumanHap610K	Beadstudio	529,721	MACH	2,358,027	Merlin- offline	Family structure	0.993
TWINGENE	Illumina 317K platform	Beadstudio	317,000	IMPUTE	2,324,772	PLINK	Family structure	1.012
TWINSUK	Illumina HumanHap300 Illumina HumanHap610Q Illumina 1M-Duo	Illuminus	303,940 553,487 874,733	IMPUTE	1,839,131	GenABEL (v1.6-7)	Family structure	1.012
UKBS	Affymetrix 500K	CHIAMO	470,398	IMPUTE	2,252,636	SNPTest	-	0.998

All studies were adjusted for age and sex (unless single age or single gender). Additional study specific covariates were included where families were present or where evidence of population structure was observed.

Supplementary Table 3: Sex specific results for all loci associated with LTL

SNP	Chr	Position	Effect Allele	Other Allele	N	Females			N	Males			Sex difference
						Beta	SE	P-value		Beta	SE	P-value	P-value
rs11125529	2	54,329,370	C	A	21679	-0.068	0.014	6.39E-07	15984	-0.040	0.015	7.53E-03	0.163
rs10936599	3	170,974,795	T	C	21693	-0.098	0.011	4.67E-18	15986	-0.101	0.012	1.42E-16	0.829
rs7675998	4	164,227,270	A	G	20222	-0.061	0.012	5.03E-07	14482	-0.093	0.014	1.18E-11	0.079
rs2736100	5	1,339,516	A	C	15478	-0.077	0.011	9.04E-12	10374	-0.082	0.014	1.99E-09	0.782
rs9420907	10	105,666,455	A	C	21683	-0.069	0.014	8.41E-07	15980	-0.070	0.016	6.89E-06	0.968
rs8105767	19	22,007,281	A	G	21564	-0.058	0.011	5.23E-08	15967	-0.032	0.011	5.92E-03	0.092
rs755017	20	61,892,066	A	G	21208	-0.050	0.014	4.50E-04	15864	-0.073	0.016	2.83E-06	0.288

Per allele effect sizes, standard errors and significance levels on a fixed-effects model are reported separately for each sex and analysed for a potential difference between them. All effect sizes are stated for the allele associating with shorter LTL.

Supplementary Table 4: Conditional analysis to test three loci showing potential independent signals.

		Single SNP model				Multiple SNP model				
		n	beta	se	p	n	Beta	se	p	Δ Beta
chr5	rs2736100	21698	-0.079	0.009	6.51E-17	21312	-0.059	0.010	3.56E-09	24.95%
	rs1801075	21322	-0.069	0.012	3.01E-08	21312	-0.032	0.013	1.42E-02	52.87%
	rs2853676	21709	-0.084	0.011	9.42E-14	21312	-0.029	0.013	2.44E-02	64.87%
chr10	rs9420907	35087	-0.071	0.011	4.39E-11	34767	-0.046	0.008	5.91E-09	34.47%
	rs11191849	34767	-0.041	0.007	1.56E-08	34767	-0.036	0.008	6.57E-06	13.09%
chr20	rs755017	29989	-0.066	0.011	8.64E-09	29986	-0.036	0.012	2.27E-03	45.71%
	rs6011040	29994	-0.046	0.008	5.35E-08	29986	-0.020	0.009	2.87E-02	55.89%

Effect estimates of potential independent SNPs were compared between a joint multiple SNP model and their single SNP model results within available studies. R^2 and D' between two SNPs is given from HapMap II release 22. Single and multiple SNP model analyses were performed in the same sub-set of studies. The sample sizes are similar but not identical due to some missing data points in one or other analyses. Studies that were not included in these analyses were: Chr5 (BHF-FHS, KORA F3, KORA F4, LLS, NBS, NTRMRG3, NTR_DETECT, NTR_GODOT, PREVEND, TWINGENE), Chr10 (LLS, TWINGENE), Chr20 (LLS, NTR_DETECT, TWINGENE, TWINSUK).

Supplementary Table 5: Details of key genes within each LTL-associated locus.

Chr	Lead SNP	Gene name	Distance from lead SNP (KB)	Gene function
2	rs11125529	<i>Acylphosphatase 2, muscle type (ACYP2)</i>	Within gene	This gene has roles in muscle differentiation and stress induced apoptosis in muscle ¹ .
		<i>Testis-specific Y-encoded-like protein 6 (TSPYL6)</i>	4.5	<i>TSPYL6</i> shows homology to nucleosome assembly proteins.
		<i>Proteasome activator subunit 4 (PSME4, also known as PA200)</i>	282	<i>PSME4</i> is a proteasome activator involved in DNA repair. It is required for normal spermatogenesis in mice ² .
3	rs10936599	<i>Myoneurin (MYNN)</i>	Within gene	BTB/POZ and zinc finger domain-containing transcription factor.
		<i>Actin related protein M1 (ACTRT3, also known as ARPM1)</i>	4.4	Testis-specific protein thought to play a role in nuclear organisation during spermiogenesis ³
		<i>Telomerase RNA component (TERC)</i>	9.3	The RNA encoded by this gene provides the template of the telomere repeat sequence within the telomerase enzyme complex. Other components of telomerase are TERT, Dyskerin, NOP10 and NHP2 ⁴ . It is a member of the H/ACA snoRNA family ⁴ . Mutations within TERC cause the autosomal dominant form of Dyskeratosis congenita ⁵ , a disease linked with telomere biology and premature aging.
		<i>Leucine rich repeat containing 34 (LRRC34)</i>	19.1	The three members of the leucine rich repeat containing family (<i>LRRC34</i> , <i>LRR1Q4</i> and <i>LRRC31</i>) are of unknown function. Other members of this family function in DNA repair, cell cycle regulation, apoptosis and chromosomal stability.
		<i>Leucine-rich repeats and IQ motif containing 4 (LRR1Q4)</i>	47.6	
		<i>Leucine rich repeat containing 31 (LRRC31)</i>	64.9	

		<i>SEC62 homolog (SEC62)</i>	192	Forms part of the protein translocation apparatus of the ER. Increase levels of SEC62 have been associated with both lung and prostate cancer.
		<i>Polyhomeotic homolog 3 (PHC3)</i>	313	Part of the human polcomb complex thought to act as a tumour suppressor.
		<i>Protein Kinase C, iota (PRKCI)</i>	448	Shown to protect leukaemia cells against drug induced apoptosis
		<i>MDS1 and EVI1 complex locus (MECOM)</i>	691	Transcriptional factor and oncoprotein that may have roles in hematopoiesis, apoptosis, cell differentiation, proliferation and development
4	rs7675998	Nuclear assembly factor 1 homolog (NAF1)	40.0	NAF1 is required for H/ACA box snoRNA assembly. It is involved in the formation of the telomerase enzyme and is replaced by GAR1 after initial RNP assembly to form the mature complex ⁴ .
		<i>Neuropeptide Y receptor Y1 (NPY1R)</i>	237	Both NPY1R and NPY5R are receptors for neuropeptide Y, one on the most abundant neuropeptides in the mammalian nervous system. Roles of neuropeptide Y include regulation of energy homeostasis and vasoactive effects on the cardiovascular system.
		<i>Neuropeptide Y receptor Y5 (NPY5R)</i>	257	
5	rs2736100	Telomerase reverse transcriptase (TERT)	Within gene	<i>TERT</i> encodes the reverse transcriptase subunit of the telomerase enzyme. Both deregulation of TERT expression and mutations within this gene are linked to several forms of cancer. Mutations within TERT also cause dyskeratosis congenita ⁵ .
		<i>Cleft Lip and Palate Transmembrane Protein 1-like (CLPTM1L)</i>	31.4	This protein is of unknown function but mutations within this gene cause cleft lip and palate.
		<i>Naked cuticle homolog 2 (NKD2)</i>	248	Negative regulator of WNT signalling
10	rs9420907	Oligonucleotide/oligosaccharide-binding fold containing 1 (OBFC1)	Within gene	Component of the telomere associated complex CST, along with CTC1 and TEN1 which bind and protect telomeres via association

				with the shelterin complex ^{6,7} . OBFC1 is also a subunit of alpha accessory factor (AAF) that is involved in the initiation of DNA replication ⁸ .
		<i>STE20-like kinase (SLK)</i>	51.0	SLK is involved in the regulation of cancer cell motility
		<i>SH3 and PX domains 2A (SH3PXD2A)</i>	61.3	This protein is a podosome/invadopodia scaffold protein involved in tumour growth and invasion.
		<i>SW15-dependent recombination repair 1 (SFR1, c10orf78)</i>	205	SFR1 is involved in homologous DNA recombination and repair
		<i>WD repeat domain containing 96 (WDR96, c10orf79)</i>	213	WDR96 is a neuralised homolog. It acts to increase apoptosis and is a consequently a candidate tumour suppressor.
19	rs8105767	<i>Zinc finger protein 208 (ZNF208)</i>	21.7	This region contains a cluster of zinc finger proteins though to be transcriptional regulators. It is a beta-satellite repeat region that has arisen later in evolution and is found only in primates. Of these ZNF208 is considered to be a novel member of the family although nothing is known of its function ⁹ . ZNF43 is predicted a member of the C2H2-type zinc finger proteins, a family involved in gene regulation and development.
		<i>Zinc finger protein 43 (ZNF43)</i>	181	
20	rs755017	<i>Zinc finger and BTB domain containing 46 (ZBTB46)</i>	15.2	Recent studies show ZBTB46 to be a novel transcription factor that is expressed specifically in classical dendritic cells amongst the mature hematopoietic cells. It is also expressed in erythroid progenitors and endothelium ¹⁰ .
		<i>Lck interacting transmembrane adaptor 1 (LIME1)</i>	51.2	This gene is expressed mainly in T- and B-cells and is responsible for their activation ^{11,12} . Activation of these cells results in their proliferation.

<i>Regulator of telomere elongation helicase 1 (RTEL1)</i>	94.0	RTEL1 is an essential helicase that is involved in setting telomere length and functions telomere maintenance and DNA repair in mice ^{13,14} .
<i>tumor necrosis factor receptor superfamily, member 6b, decoy (TNFRSF6B)</i>	91.6	This protein is a member of the tumour necrosis factor receptor family and acts to regulate cell death. A read through transcript (RTEL1- TNFRSF6B) from the neighbouring RTEL1 gene produces a non-coding RNA.
<i>tumor protein D52-like 2 (TPD52L2)</i>	75.0	Member of the tumour protein D52-like family.
<i>SRY(sex determination region Y)-box 18 (SOX18)</i>	257	SOX18 is a transcriptional regulator involved in development and determination of cell fate.
<i>Regulator of G-protein signalling 19 (RGS19)</i>	283	Over-expression of this gene results in cell proliferation via deregulation of cell cycle control factors ¹⁵ .

Genes were selected on proximity to the lead SNP and potential function with relation to LTL. Those with a known function in telomere biology are given in bold type.

Supplementary Table 6: Association of telomere-length SNPs with telomerase activity.

SNP	Chr	Effect Allele	EAF	Raw telomerase activity			Log transformed telomerase activity			Beta	P-value
				0	1	2	0	1	2		
rs11125529	2	C	0.797	0.872±0.528	1.187±0.660	1.164±0.524	0.456±0.278	0.608±0.338	0.597±0.277	0.085	0.196
rs10936599	3	T	0.131	1.143±0.581	1.221±0.558	1.066±0.551	0.584±0.302	0.634±0.291	0.549±0.284	0.091	0.240
rs7675998	4	G	0.800	1.089±0.457	1.092±0.632	1.199±0.570	0.560±0.236	0.560±0.323	0.615±0.300	0.107	0.100
rs2736100	5	T	0.547	1.157±0.565	1.159±0.626	1.155±0.495	0.595±0.290	0.596±0.322	0.589±0.269	-0.015	0.783
rs9420907	10	C	0.398	1.068±0.525	1.225±0.534	1.209±0.715	0.542±0.276	0.635±0.277	0.620±0.368	0.058	0.312
rs8105767	19	G	0.370	1.194±0.624	1.128±0.552	1.203±0.549	0.607±0.329	0.582±0.285	0.618±0.281	0.000	0.996
rs755017	20	G	0.216	1.128±0.537	1.201±0.651	1.086±0.541	0.581±0.277	0.612±0.346	0.554±0.268	-0.008	0.895

All SNPs were tested for association with leukocyte telomerase activity in 208 subjects. Telomerase activity (raw and log-transformed) values are shown by genotype group: 0: wild type, 1: heterozygotes, 2: effect allele homozygote. The effect allele tested, the effect allele frequency (EAF) and the effect size (beta) based on log transformed telomerase activity are given for each SNP. The value of positive control HK293 (1000cells) is 1.900±0.063 and ranges from 1.810-1.991. Three thousand PBMC cells per sample were used for the TRAP reaction. Telomerase activity was expressed as the ratio of telomerase activity divided by HK293 telomerase activity (positive control).

Supplementary Table 7: Identification of non-synonymous SNPs within telomere-length associated loci.

Lead SNP	Chr	Non-synonymous SNPs	r^2 with lead SNP	Protein	AA substitution	PolyPhen functional prediction	SIFT prediction
rs10936599	3	rs10936600	1.0	LRRC34	L241I	Probably damaging	Tolerated
		rs6793295	0.92	LRRC34	S249G	Benign	Tolerated
rs2736100	5	None					
rs7675998	4	rs4691895	0.91	NAF1	L368V	Benign	Tolerated
		rs4691896	0.93	NAF1	I162V	Benign	Tolerated
rs9420907	10	rs2487999	0.72	OBFC1	T151A	Benign	Tolerated
	10	rs10786775	0.70	OBFC1	S248C	Benign	Tolerated
rs8105767	19	None					
rs755017	20	rs2281929	1.0	ZBTB46	T11P	Benign	Tolerated
rs11125529	2	None					

Coding variants within each loci were identified where $r^2 > 0.7$ to lead SNP. Functional predictions were carried out using PolyPhen 2¹⁶ and SIFT¹⁷.

Supplementary Table 8: Association of telomere length variants with diseases/traits.

Lead SNP	Chromosome and position	Relative SNP position	Genes in region with known function in telomere biology	Other genes in region	Association of lead SNP or proxy ($r^2 > 0.7$) with disease or associated phenotype ($P < 1 \times 10^{-5}$)	Disease allele associated with longer or shorter telomere length
rs10936599	3: 170,974,795	Synonymous change in <i>MYNN</i>	<i>TERC</i>	<i>MYNN</i> , <i>ARPM1</i> , <i>LRRC34</i> , <i>LRRIQ4</i> , <i>LRRC31</i>	Colorectal cancer ¹⁸ Multiple sclerosis ¹⁹ Celiac disease ²⁰	Longer Longer Shorter
rs2736100	5: 1,339,516	Within intron of <i>TERT</i>	<i>TERT</i>	<i>SLC6A18</i> , <i>SLC6A19</i> , <i>CLPTM1L</i>	Lung cancer / adenocarcinoma ²¹⁻²⁴ Glioma ²⁵⁻²⁷ Testicular germ cell cancer ²⁸ Idiopathic pulmonary fibrosis ²⁹ Higher red blood cell count ³⁰	Longer Shorter Shorter Shorter Longer
rs7675998	4: 164,227,270	Downstream of <i>NAF1</i>	<i>NAF1</i>	<i>NPY1R</i> , <i>NPY5R</i>		
rs9420907	10: 105,666,455	Within intron of <i>OBFC1</i>	<i>OBFC1</i>	<i>SLK</i> , <i>COL17A1</i> , <i>SH3PDX2A</i>		
rs8105767	19:22,007,281	Upstream of both <i>ZNF257</i> and <i>ZNF208</i>		<i>ZNF257</i> , <i>ZNF208</i> <i>ZNF676</i> , <i>ZNF43</i> <i>ZNF98</i>		
rs755017	20:61,892,066	Synonymous change in <i>ZBTB46</i>	<i>RTEL1</i>	<i>ZBTB46</i> , <i>LIME1</i> , <i>ZGPAT</i> , <i>TNFRSF6B</i> , <i>ARFRP1</i> , <i>STMN3</i> , <i>C20orf135</i> <i>TPD52L2</i> , <i>DNAJC5</i>		
rs11125529	2: 54,329,370	Within intron of <i>ACYP2</i>		<i>TSPYL6</i> , <i>C2ORF73</i> , <i>PSME4</i> , <i>SPTBN1RPL23AP32</i>		

Details of the position of each lead SNP, RefSeq genes within each region and the presence of a gene with known function in telomere biology are stated. Searches of the NHGRI (<http://www.genome.gov/gwastudies/>) and GWAS Central (<https://www.gwascentral.org/>) catalogues (containing only the results of GWAS studies) were performed for lead SNPs and proxies ($r^2 > 0.7$) alongside literature searches to identify disease/phenotype associations with each locus.

Supplementary Note

Study Cohorts

The demographic characteristics of all study cohorts, for both discovery and replication phases are shown in **Supplementary Table 1**. All individuals included in the analysis are of European descent.

British Heart Foundation Family Heart Study (BHF-FHS) The BHF-FHS subjects are comprised of unrelated individuals who had a validated personal history of premature coronary artery disease (CAD) before the age of 66 years and a family history of CAD in a first degree relative. Recruitment took place in the UK between 1998 and 2003. Further details of this cohort are provided elsewhere^{31,32}.

Estonian Genome Center, University of Tartu (EGCUT) EGCUT is a population-based biobank of the Estonian Genome Project of University of Tartu (www.biobank.ee)³³. The current cohort size is over 51,515, from 18 years of age and up, which reflects closely the age distribution in the adult Estonian population. The samples included in this study form a random subset of the cohort, with the exception of 500 female individuals aged 83+ which were specifically selected according to age and sex. Subjects are recruited by the general practitioners (GP) and physicians in the hospitals. Each participant filled out a Computer Assisted Personal interview, including personal data (place of birth, place(s) of living, nationality etc.), genealogical data (family history, three generations), educational and occupational history and lifestyle data (physical activity, dietary habits, smoking, alcohol consumption, women's health, quality of life). Anthropometric and physiological measurements were also taken.

Erasmus Rucphen Family (ERF) The ERF study is a cross-sectional cohort including 3,000 living descendants of 22 couples who had at least 6 children baptized in the community church around 1850-1900. The participants are not selected on any disease or other outcome. Details about the genealogy of the population have been described elsewhere^{34,35}.

FINRISK The National FINRISK Study 2007 Survey was carried out in five areas in Finland and 2000 inhabitants aged 25-74 years were invited to participate in each area^{36,37}. The sample was a random sample from the Finnish Population Information System, stratified according to sex, 10-year age groups, and the six geographical areas. Only participants of the DILGOM sub-study from Helsinki were included in the analysis.

Nicotine Addiction Genetics – Finland study (FTC/NAG-FIN) The FTC/NAG-FIN sample was ascertained from the Finnish Twin Cohort study consisting of adult twins born between 1938 and 1957 (www.twinstudy.helsinki.fi). Based on earlier health questionnaires, the twin pairs concordant for ever smoking were identified and recruited along with their family members (mainly siblings) for the Nicotine Addiction Genetics Finland study ($N = 2,265$), as part of the consortium including Finland, Australia, and United States^{38,39}. Data collection took place between 2001 and 2005.

GRAPHIC The GRAPHIC study comprises individuals from 520 white nuclear families of European descent recruited from the general population in Leicestershire UK, for the purpose of investigating the genetic determinants of blood pressure and related cardiovascular traits. Families were included if both parents aged 40-60 years and two offspring ≥ 18 years wished to participate. Families were

recruited through participating family practitioners in Leicestershire, UK, between 2003 and 2005. Further details are provided elsewhere⁴⁰.

Helsinki Birth Cohort Study (HBCS) HBCS is a birth cohort based study cohort and includes 8,760 subjects born in Helsinki between 1934 and 1944^{41,42}. Between 2000 and 2003, a representative subset of 928 males and 1,075 females participated in a clinical study focusing upon cardiovascular and metabolic outcomes and cognitive function.

Cooperative Health Research in the Region of Augsburg (KORA) The KORA study is a series of independent population-based epidemiological surveys and follow-up studies of participants living in the region of Augsburg, Southern Germany⁴³. All survey participants are of German nationality, identified through the registration office. Informed consent has been given by all participants. The present study includes data of the KORA F3 (2004/2005) survey which is a follow-up study of the KORA S3 survey (1994/1995), as well as data of the KORA F4 (2006-2008) study which is a follow-up study of the KORA S4 survey (1999-2001).

Leiden Longevity Study (LLS) LLS (<http://www.molepi.nl>) consists of offspring of nonagenarian sibling pairs of which the members are aged over 90 years. The partners of these offspring were recruited as population controls. The study has been designed to investigate biomarkers of healthy ageing and longevity⁴⁴.

Leiden 85-plus study (L85PLUS) L85P is a prospective study consisting of inhabitants of Leiden enrolled between 1997 and 1999 in the month of their 85th birthday. Details about the study have been described elsewhere^{45,46}.

Northern Finland Birth Cohort 1966 (NFBC1966) NFBC1966 (<http://kelo.oulu.fi/NFBC/>) is a prospective follow-up population study of children from the two northernmost provinces of Finland⁴⁷. Women with expected delivery dates in 1966 were recruited through maternity health centres⁴⁸. Cohort members living in northern Finland or in the capital area were invited to a clinical examination at age 31 years.

Netherlands Twin Register (NTR) NTR (<http://www.tweelingenregister.org/>) recruits twins and their family members to study the causes of individual differences in health, behavior and lifestyle. Participants are followed longitudinally. Further details about the cohort can be found elsewhere⁴⁹⁻⁵¹. Three subgroups from this population (NTRMRG3, NTR_DETECT and NTR_GODOT) were included in the discovery analysis and a further 2585 individuals from these subgroups had telomere length measurements performed for the replication phase.

PLIC The PLIC study is a prospective population based study designed to investigate the presence and progression of atherosclerotic lesions and intima media thickness in the common carotid artery in a local cohort of European descent origin (2141 subjects both men and women)⁵²⁻⁵⁴. The recruitment resulted from the collaboration with general practitioners, who enrolled the subjects referring to their ambulatory. 1871 subjects with available telomere length measurements were genotyped for the replication study.

Prevention of REnal and Vascular ENdstage Disease (PREVEND) Study PREVEND (www.prevend.org), is an ongoing prospective study investigating the natural course of increased levels of urinary albumin excretion and its relation to renal and cardiovascular disease. Inhabitants 28 to 75 years of

age in the city of Groningen, Netherlands were asked to complete a short questionnaire and individuals were then selected with a urinary albumin concentration of at least 10 mg/L and a randomly selected control group with a urinary albumin concentration less than 10 mg/L. Further details of the recruitment protocol and subjects are given elsewhere^{55,56}. 2926 subjects from the PREVENT study were included in the discovery stage of this analysis, having both telomere length measurements and genotype data available. A further 2878 subjects with available telomere length measurements were genotyped for the replication study.

Queensland Institute of Medical Research (QIMR) Brisbane Adolescent Twin Study Subjects were recruited from the general population, in the context of ongoing studies of melanoma risk factors and studies of cognition⁵⁷. Twins and their singleton siblings were enlisted by contacting the principals of primary schools in the greater Brisbane area, by media appeals, and by word of mouth. It is estimated that approximately 50% of the eligible birth cohort were recruited into the study, which began in 1992⁵⁸. Most (98% by self-report) are of mixed European ancestry, mainly from British Isles. The participants are not selected on any disease or other outcome. Twins and siblings are evaluated for melanoma risk factors at ages twelve and fourteen, and for cognitive variables at age sixteen. Blood samples were collected at the end of testing sessions from participant twins and siblings and if possible from their parents. Pedigree relationships and zygosity were confirmed by genotype data.

TwinGene The TwinGene project is part of the Swedish Twin Registry (STR). Twins born before 1958 were contacted to participate in a simple health check-up, with measurement of height, weight, waist and hip circumference and blood pressure. Health and medication data were collected from self-reported questionnaires, and blood sampling materials were mailed to the subjects who then went to a local health care center for blood sampling for subsequent DNA extraction, serum collection and clinical chemistry tests. For the purpose of this study a subset of 300 female MZ twin pairs (600 individuals) were used for telomere length assessments. One member of each pair had been genotyped using the Illumina 317K SNP platform.

TwinsUK The TwinsUK cohort (www.twinsuk.ac.uk) is an adult twin British registry shown to be representative of singleton populations and the United Kingdom population⁵⁹. A total of 4,899 subjects with telomere length measurement were included in the analysis. The age range of the cohort was 16-99. The design and methodology of the GWA study for TwinsUK is described in detail elsewhere⁶⁰.

United Kingdom Blood Service (UKBS) Subjects were recruited from healthy blood donors of European descent as part of the Wellcome Trust Case Control Consortium (WTCCC) study between 2005 and 2006⁶¹. The UKBS controls had a wide age range (between 17-69 years) with the majority of subjects between 40-59 years. Apart from sex and age, other phenotypic information was not available on the UKBS controls.

Telomerase activity cohort Two hundred and eight subjects (39.4% of European descent, 44.2% males, aged 19-57 years) were selected from two on-going studies^{62,63}. Ethnicity was determined by self-reports of each subject. Subjects were overtly healthy, free of any acute or chronic illness on the basis of parental reports and were taking no medication that could influence the results.

Ethical approval for all studies was obtained from local ethics committees and all participants provided informed consent.

Additional details on methods for telomere length measurements

Leukocyte telomere length (LTL) measurements were made in five laboratories (Leicester, Helsinki, Imperial College London, Groningen and UCL London) each using a quantitative PCR assay comparing a TL PCR product (T) against a PCR product of a reference (S) gene to produce a T/S ratio, but with some modifications in relation to the reference gene and/or the calibrator samples or method used to enable inter-plate comparisons. Laboratory-specific details are given below and the laboratory is listed for each cohort in **Supplementary Table 1**. 32,446 samples (67% of total) were measured in Leicester, 3156 (6%) in Helsinki, 5146 (11%) in Imperial College, 5804 (12%) in Groningen and 1871 (4%) in UCL, London.

1. Leicester: LTL measurements were performed using a protocol described in detail elsewhere^{64,65}. In brief, DNA samples were run in duplicate in 25µL reactions using a CAS-1200 liquid handling system (Qiagen, UK) and run on a Rotorgene-Q Real Time Thermal Cycler (Qiagen, UK). The single copy gene used was *36B4*. Alongside the samples, each run also contained a Calibrator sample (DNA from the K562 cell line) in duplicate and a no template control. Analysis of the PCR output was performed using Comparative Quantification (Qiagen Rotorgene analysis software, Qiagen, UK) and quantification is relative to the calibrator DNA. Samples were checked for concordance between duplicate measurements and to ensure that they ran within the established linear range of the assay. In addition, to ensure reproducibility of the assay, samples were re-run at random on different days. Inter-run coefficients of variation were between 2.7% and 3.9% for the cohorts measured using this method.

2. Helsinki: LTL measurements were performed using a protocol described in detail elsewhere^{64,66}. Human beta-globin (Hgb) was used as the single copy reference gene. Samples were run in triplicate and quantification of both telomere and single copy gene amounts was made by absolute quantification against a 7-point standard curve included on each plate. In the case of Finrisk and FTC/NAG-FIN cohorts, genomic DNA was used for the standard curve while a synthetic oligomer (Sigma) dilution series⁶⁷ was used in HBCS. Samples and standard dilutions were transferred into the plates using a DNA Hydra 96 robot. Reactions were performed with CFX384 Real-Time PCR Detection System (Bio-Rad). Quality control was performed using the Bio-Rad CFX Manager software and samples with standard deviation of >0.5 between triplicates were omitted from the analysis. Plate effect was taken into account by analyzing four (HBCS) or five (Finrisk, FTC/NAG-FIN) genomic DNA control samples on every plate. The telomere and Hgb signal values were normalized separately to the mean of these control samples before taking the T/S ratio. The control samples were used for calculating the inter-run coefficient of variation (CV) values and they were 24.8%, 7.7%, and 8.2% in the HBCS (n=1,582), Finrisk (n=520), and FTC/NAG-FIN (n=1,054) samples, respectively.

3. Imperial College London: LTL measurements were performed using a multiplex quantitative real-time PCR method⁶⁸, with minor modifications as described previously⁶⁹. Human beta-globin (Hgb) was used as the single copy reference gene. Five serial dilutions of a single common reference sample (leukocyte DNA from a 42 year-old female) spanning 5-50ng were run in triplicate on each

plate. Any samples found to have an input DNA amount outside of this range were diluted and run again. The overall mean coefficient of variation for duplicate test samples on the same plate was 5%, and the mean inter-run CV for selected samples was 6.2% for the 5,146 samples measured.

4. Groningen: LTL was measured using a multiplex quantitative real-time PCR method described in detail elsewhere^{65,68,70}. All experimental DNA samples were assayed in triplicate on different plates but in the same well position. Alongside the samples, all assay plates contained a no template control (NTC) and two standard DNA samples. The standard DNA samples consisted of a human control sample and genomic DNA of a human leukemia cell line (1301) with extreme long telomeres (kindly provided by Dr. Cesaro, IST, Genova). Albumin was used as the single-copy gene for these assays. Samples were run in 10ul reactions using a Bio-Rad CFX384 real-time system on a C1000 thermal cycler. For quantification, each plate also contained a standard curve, consisting of seven serial dilutions of a reference DNA sample (standard) spanning a ~12-fold range (5.2 to 60 ng). Analysis was performed using the Bio-Rad CFX manager software. For the reference DNA sample, each DNA concentration the Ct for albumin occurred ~ 7.2 cycles later in cycling than the Ct for the telomere. For quality control all samples were checked for concordance between triplicate values. Samples with a coefficient of variation (CV) of $\geq 10\%$ within the triplicate were re-run. If the CV remained $\geq 10\%$ the sample was omitted from the statistical analyses. Samples were run in triplicate and the intra-assay coefficient of variation was 2.0% (T), 1.85% (S) and 4.5% (T/S ratio). Reproducibility data was obtained for 216 subjects from PREVENT and good agreement between T/S ratios, measured on different days, was observed ($r^2=0.99$, $P<0.0001$, inter-run CV 3.9%). A total of 5,804 samples were measured in Groningen.

5. UCL London: LTL measurements of PLIC samples were performed using a multiplex quantitative real-time PCR method⁶⁸. LTL measurements were run on a Rotor-Gene 6000 (Corbett Research Ltd, Cambridge, UK) with two common reference sample on each run. All samples, including the reference sample were run in triplicate. Concordance between triplicate measures was assessed. Replication was also carried out on subsequent days of random samples to ensure reproducibility. Inter-run coefficients of variation were $<5.0\%$ for the 1,871 samples measured.

Locus by locus results of bioinformatics analyses

In order to gain better functional insight into the associated loci we undertook bioinformatics analyses to search for evidence that an associated SNP could alter protein function or gene expression. For all analyses we tested the lead SNP at a locus and all SNPs with an $r^2>0.7$ to the lead SNP identified through the 1000 Genomes study (<http://www.1000genomes.org/>).

Functional predictions of any identified coding variants were carried out using PolyPhen2¹⁶ and SIFT¹⁷ (**Supplementary Table 7**). In order to assess whether any variants influenced gene expression we searched two available genome-wide gene expression databases, the monocyte genome-wide gene expression data from the Gutenberg Heart Study⁷¹ and the Genotype-Tissue Expression Project (GTEx) data base (<http://www.genome.gov/gtex/>), which includes liver, brain and lymphoblastoid cell types. Potential regulatory variants were identified by searching ENCODE data in the UCSC Genome Browser database (<http://genome.ucsc.edu/>)⁷² to examine SNP locations in relation to

promoter, enhancer or insulator regions (Chromatin State Segmentation), methylation sites (predicted CpG islands, Methyl 450K Bead array data and Bisulfite sequencing), conserved elements, conserved transcription factor binding sites and regions of known transcription factor binding (transcription factor ChIP-seq). The results seen at each locus are summarised below. Details of the key genes in each locus are given in more detail in **Supplementary Table 5**.

Chr 2p16.2 (*ACYP2*)

The lead SNP, rs11125529, along with all identified high LD SNPs, is located within the large intron 3 of *ACYP2*. A single exon gene, *TSPYL6*, is also located within intron 3 and the variants with most evidence of potential function are located *TSPYL6*. The most notable of these are rs6740641 and rs10165485 which are located within a region annotated as an active promoter in K562 cells. rs6740641 ($r^2=1.0$ to the lead SNP) results in a synonymous change in *TSPYL6*. It is also located within a CpG island, falling between two methylated CpG sites. rs10165485 ($r^2=1.0$) is located within the 3' UTR and also within an insulator region in two further cell lines. CTCF has been found to bind this insulator (transcription factor ChIP-seq). As insulators and enhancers work to regulate correct expression of neighbouring genes, it is possible that this region is important in controlling transcription of *TSPYL6/ACYP2*.

Chr 3q26 (*TERC*)

The lead SNP on 3q26, rs10936599, results in a synonymous change in *MYNN* (*Myoneurin*) a transcription factor which is a member of both the BTB/POZ and zinc finger domain-containing family (also referred to as *ZBTB31* and *ZNF902*). Chromatin state in this region shows this SNP to lie within an enhancer/promoter and it is also within a vertebrate conserved element. rs3821383 ($r^2=0.92$ to the lead SNP) is located within the promoter of *MYNN* with many transcription factors binding across the site.

Another SNP in the region with perfect LD to the lead SNP (rs2293607, $r^2=1.0$) is positioned 63bp 3' to the *TERC* RNA template sequence and lies within an active promoter, with evidence of many factors binding across the site. Although not located within a CpG island this SNP lies only a few base pairs outside of one that shows differential methylation across cell types. A previous study also reported this SNP to have a potential role in *TERC* RNA stability⁷³.

Two further SNPs in this locus, rs10936600 ($r^2=1.0$ to the lead SNP) and rs6793295 ($r^2=0.92$) lead to L241I and S249G changes within *LRRC34* respectively. These were investigated using functional prediction in both PolyPhen2 and SIFT. Although PolyPhen2 suggests a damaging effect of L241I, SIFT suggests that this mutation would be tolerated (**Supplementary Table 7**). Both functional prediction tools suggest S249G to be of no consequence. In addition to rs10936600 being a non-synonymous SNP, it also lies within a conserved transcription factor binding site for HLF and CEBP. However, chromatin state within six cell lines does not suggest either promoter or enhancer activity and there is no evidence of transcription factor binding activity. Another SNP (rs67795055, $r^2=0.79$) within intron 1 of *LRRC34* is located in a region of weak promoter activity and within a CpG island. Little is known about the function of *LRRC34*, although expression of this gene is down-regulated in mouse cells carrying a knockout of the tumour suppressor E-cadherin⁷⁴.

Three SNPs in high LD with the lead SNP lie within the 5' UTR and active promoter of *ACTRT3* (*ARPM1* rs12637184, $r^2=1.0$; rs9811216, $r^2=0.92$ and rs9866776, $r^2=0.92$) with several transcription factors binding across all of these SNP sites. All three SNPs are within an annotated CpG island and lie within (rs9811216) or close to (rs12637184 and rs9866776) differentially methylated CpG sites.

Chr 4q32.2 (*NAF1*)

The lead SNP within this locus, rs7675998, is located 40.3 kb upstream of *NAF1* (*Nuclear assembly factor 1*). There is little evidence to suggest a putative function for this SNP. Two SNPs within high LD of rs7675998 ($r^2=0.91$) and in perfect LD to each other (rs4691895 and rs4691896, $r^2=1.0$) cause non-synonymous changes within *NAF1* (**Supplementary Table 7**). Although neither, individually, are predicted to have a functional effect it is not known what the effect of these changes would be in combination, although it should be noted that rs4691895 is only present within the protein produced from transcript variant 2.

Other SNPs in potential regulatory regions include rs2320333 ($r^2=0.77$) which falls within a predicted insulator and rs936562 ($r^2=0.82$) which is located within the 5' UTR and promoter of *NAF1*, within a CpG island and in a region binding many transcription factors. The CpG island is unmethylated in the cell types studied, consistent with all cell types showing this region to be an active promoter.

Chr 5p15.33 (*TERT*)

rs2736100 is located within intron 2 of the telomerase reverse transcriptase gene, *TERT*. There are no high LD SNPs ($r^2>0.7$) to rs2736100. Two further SNPs on low LD with the lead SNP also associate with telomere length and were investigated in the conditional analyses (**Supplementary Table 4**). rs2853676 ($r^2=0.17$ to rs2736100 and association with LTL $P=1.11\times10^{-13}$) is also located within intron 2 of *TERT*. This intron contains multiple CpG sites and both rs2736100 and rs2853676 lie in close proximity to such sites (<100bp) but not within them. The third SNP, rs1801075 ($r^2=0.00$ to rs2736100 and association to LTL $P=3.70\times10^{-8}$) falls within the 5' UTR of the adjacent gene, *CLPTM1L*.

Chr 10q24.33 (*OBFC1*)

The lead SNP (rs9420907) is located within intron 1 of *OBFC1* and within a promoter/enhancer region. ChIP-seq data shows many factors binding across the region but not across the SNP location. Two further SNPs (rs1265164, $r^2=0.90$ and rs9419958, $r^2=0.75$ to rs9420907) are located within predicted enhancers in this region, but again there is no evidence of protein binding across the SNP sites. Another SNP in LD the lead SNP (rs4387287, $r^2=0.79$) falls within the 5' UTR, a CpG island and the promoter region of *OBFC1*. This region is shown to bind multiple transcription factors.

Chr 19p12 (*ZNF208*)

The lead SNP in this locus (rs8105767) lies intergenic between two genes, *ZNF208* and *ZNF257*, which are transcribed in opposite directions. It is not located within the promoter region of either. All associated SNPs at this locus fall within regions annotated as heterochromatic in the cell lines studied in ENCODE and there is little evidence for functional activity. One cluster of SNPs with

$r^2=0.71$ to the lead SNP and in perfect LD with each other fall within vertebrate conserved elements, but show no other evidence of function.

Chr 20q13.3 (*RTEL1*)

Both the lead SNP (rs755017) and a SNP in perfect LD (rs2881929, $r^2=1.0$) are located within exon 1 of *ZBTB46*. Whereas rs755017 results in a synonymous change, rs2881929 causes a T11P substitution. T11P is not predicted to have a damaging effect on ZBTB46 (**Supplementary Table 7**). Both SNPs also lie in a CpG island and within vertebrate conserved elements. Although chromatin state in this area does not predict promoter or enhancer function, there is some evidence of DNaseI hypersensitivity. Relaxation of stringency within the conserved transcription factor binding element search suggests both STAT4 and OCT_C binding sites. However, due to the relaxed stringency this could be considered speculative and would require experimental validation.

A group of five further SNPs in high LD to the lead SNP ($r^2=0.89$) and in high LD with each other ($r^2=1.0$) in this region all fall in potential regulatory regions. Three (rs67416152, rs6011138 and rs6011139) lie within an insulator region whilst two others (rs6011173 and rs4809367) lie within a poised promoter. rs4809367 is also within a CpG island that shows differential methylation patterns across the cell lines studied.

Conditional analysis was performed within this region as several SNPs in low LD to the lead SNP also showed association with telomere length (**Online Methods, Supplementary Table 4**). The SNP used for the conditional analysis rs6011040 ($r^2=0.19$ to the lead SNP, association with LTL $P=1.58 \times 10^{-7}$) showed an eQTL with *LIME1* expression in monocytes. This SNP is located within intron 3 of *ARFRP1* (29.6KB from *LIME1*) in an enhancer region. *LIME1* is a transmembrane adaptor protein involved in T- and B-cell activation that lies within the locus^{75,76}. As activation of T- and B-cells results in proliferation, it is possible that altered *LIME1* expression could affect cellular turnover, which could in turn be reflected by LTL.

The CARDioGRAM Consortium – Full list of members and affiliations

Executive Committee: Sekar Kathiresan^{1,2,3}, Muredach P. Reilly⁴, Nilesh J. Samani^{5,6}, Heribert Schunkert⁷, Jeanette Erdmann⁷

Steering Committee: Themistocles L. Assimes⁸, Eric Boerwinkle⁹, Jeanette Erdmann⁷, Alistair Hall¹⁰, Christian Hengstenberg¹¹, Sekar Kathiresan^{1,2,3}, Inke R. König¹², Reijo Laaksonen¹³, Ruth McPherson¹⁴, Muredach P. Reilly⁴, Nilesh J. Samani^{5,6}, Heribert Schunkert⁷, John R. Thompson¹⁵, Unnur Thorsteinsdottir^{16,17}, Andreas Ziegler¹²

Statisticians: Inke R. König¹² (chair), John R. Thompson¹⁵ (chair), Devin Absher¹⁸, Li Chen¹⁹, L. Adrienne Cupples^{20,21}, Eran Halperin²², Mingyao Li²³, Kiran Musunuru^{1,2,3}, Michael Preuss^{12,7}, Arne Schillert¹², Gudmar Thorleifsson¹⁶, Benjamin F. Voight^{2,3,24}, George A. Wells²⁵

Writing group: Themistocles L. Assimes⁸, Panos Deloukas²⁶, Jeanette Erdmann⁷, Hilma Holm¹⁶, Sekar Kathiresan^{1,2,3}, Inke R. König¹², Ruth McPherson¹⁴, Muredach P. Reilly⁴, Robert Roberts¹⁴, Nilesh J. Samani^{5,6}, Heribert Schunkert⁷, Alexandre F. R. Stewart¹⁴

ADVANCE: Devin Absher¹⁸, Themistocles L. Assimes⁸, Stephen Fortmann⁸, Alan Go²⁷, Mark Hlatky⁸, Carlos Iribarren²⁷, Joshua Knowles⁸, Richard Myers¹⁸, Thomas Quertermous⁸, Steven Sidney²⁷, Neil Risch²⁸, Hua Tang²⁹

CADomics: Stefan Blankenberg³⁰, Tanja Zeller³⁰, Arne Schillert¹², Philipp Wild³⁰, Andreas Ziegler¹², Renate Schnabel³⁰, Christoph Sinning³⁰, Karl Lackner³¹, Laurence Tiret³², Viviane Nicaud³², Francois Cambien³², Christoph Bickel³⁰, Hans J. Rupprecht³⁰, Claire Perret³², Carole Proust³², Thomas Münzel³⁰

CHARGE: Maja Barbalic³³, Joshua Bis³⁴, Eric Boerwinkle⁹, Ida Yii-Der Chen³⁵, L. Adrienne Cupples^{20,21}, Abbas Dehghan³⁶, Serkalem Demissie-Banjaw^{37,21}, Aaron Folsom³⁸, Nicole Glazer³⁹, Vilmundur Gudnason^{40,41}, Tamara Harris⁴², Susan Heckbert⁴³, Daniel Levy²¹, Thomas Lumley⁴⁴, Kristin Marcianti⁴⁵, Alanna Morrison⁴⁶, Christopher J. O'Donnell⁴⁷, Bruce M. Psaty⁴⁸, Kenneth Rice⁴⁹, Jerome I. Rotter³⁵, David S. Siscovick⁵⁰, Nicholas Smith⁴³, Albert Smith^{40,41}, Kent D. Taylor³⁵, Cornelia van Duijn³⁶, Kelly Volcik⁴⁶, Jaqueline Whitteman³⁶, Vasan Ramachandran⁵¹, Albert Hofman³⁶, Andre Uitterlinden^{52,36}

deCODE: Solveig Gretarsdottir¹⁶, Jeffrey R. Gulcher¹⁶, Hilma Holm¹⁶, Augustine Kong¹⁶, Kari Stefansson^{16,17}, Gudmundur Thorgeirsson^{53,17}, Karl Andersen^{53,17}, Gudmar Thorleifsson¹⁶, Unnur Thorsteinsdottir^{16,17}

GERMIFS I and II: Jeanette Erdmann⁷, Marcus Fischer¹¹, Anika Grosshennig^{12,7}, Christian Hengstenberg¹¹, Inke R. König¹², Wolfgang Lieb⁵⁴, Patrick Linsel-Nitschke⁷, Michael Preuss^{12,7}, Klaus Stark¹¹, Stefan Schreiber⁵⁵, H.-Erich Wichmann^{56,58,59}, Andreas Ziegler¹², Heribert Schunkert⁷

GERMIFS III (KORA): Zouhair Aherrahrou⁷, Petra Bruse⁷, Angela Doering⁵⁶, Jeanette Erdmann⁷, Christian Hengstenberg¹¹, Thomas Illig⁵⁶, Norman Klopp⁵⁶, Inke R. König¹², Patrick Linsel-Nitschke⁷, Christina Loley^{12,7}, Anja Medack⁷, Christina Meisinger⁵⁶, Thomas Meitinger^{57,60}, Janja Nahrstedt^{12,7}, Annette Peters⁵⁶, Michael Preuss^{12,7}, Klaus Stark¹¹, Arnika K. Wagner⁷, H.-Erich Wichmann^{56,58,59}, Christina Willenborg^{12,7}, Andreas Ziegler¹², Heribert Schunkert⁷

LURIC/AtheroRemo: Bernhard O. Böhm⁶¹, Harald Dobnig⁶², Tanja B. Grammer⁶³, Eran Halperin²², Michael M. Hoffmann⁶⁴, Marcus Kleber⁶⁵, Reijo Laaksonen¹³, Winfried März^{63,66,67}, Andreas Meinitzer⁶⁶, Bernhard R. Winkelmann⁶⁸, Stefan Pilz⁶², Wilfried Renner⁶⁶, Hubert Scharnagl⁶⁶, Tatjana Stojakovic⁶⁶, Andreas Tomaschitz⁶², Karl Winkler⁶⁴

MIGen: Benjamin F. Voight^{2,3,24}, Kiran Musunuru^{1,2,3}, Candace Guiducci³, Noel Burt³, Stacey B. Gabriel³, David S. Siscovick⁵⁰, Christopher J. O'Donnell⁴⁷, Roberto Elosua⁶⁹, Leena Peltonen⁴⁹, Veikko Salomaa⁷⁰, Stephen M. Schwartz⁵⁰, Olle Melander²⁶, David Altshuler^{71,3}, Sekar Kathiresan^{1,2,3}

OHGS: Alexandre F. R. Stewart¹⁴, Li Chen¹⁹, Sonny Dandona¹⁴, George A. Wells²⁵, Olga Jarinova¹⁴, Ruth McPherson¹⁴, Robert Roberts¹⁴

PennCATH/MedStar: Muredach P. Reilly⁴, Mingyao Li²³, Liming Qu²³, Robert Wilensky⁴, William Matthai⁴, Hakon H. Hakonarson⁷², Joe Devaney⁷³, Mary Susan Burnett⁷³, Augusto D. Pichard⁷³, Kenneth M. Kent⁷³, Lowell Satler⁷³, Joseph M. Lindsay⁷³, Ron Waksman⁷³, Christopher W. Knouff⁷⁴, Dawn M. Waterworth⁷⁴, Max C. Walker⁷⁴, Vincent Mooser⁷⁴, Stephen E. Epstein⁷³, Daniel J. Rader^{75,4}

WTCCC: Nilesh J. Samani^{5,6}, John R. Thompson¹⁵, Peter S. Braund⁵, Christopher P. Nelson⁵, Benjamin J. Wright⁷⁶, Anthony J. Balmforth⁷⁷, Stephen G. Ball⁷⁸, Alistair S. Hall¹⁰, Wellcome Trust Case Control Consortium

1 Cardiovascular Research Center and Cardiology Division, Massachusetts General Hospital, Boston, MA, USA; 2 Center for Human Genetic Research, Massachusetts General Hospital, Boston, MA, USA; 3 Program in Medical and Population Genetics, Broad Institute of Harvard and Massachusetts Institute of Technology (MIT), Cambridge, MA, USA; 4 The Cardiovascular Institute, University of Pennsylvania, Philadelphia, PA, USA; 5 Department of Cardiovascular Sciences, University of Leicester, Glenfield Hospital, Leicester, UK; 6 Leicester National Institute for Health Research Biomedical Research Unit in Cardiovascular Disease, Glenfield Hospital, Leicester, LE3 9QP, UK; 7 Medizinische Klinik II, Universität zu Lübeck, Lübeck, Germany; 8 Department of Medicine, Stanford University School of Medicine, Stanford, CA, USA; 9 University of Texas Health Science Center, Human Genetics Center and Institute of Molecular Medicine, Houston, TX, USA; 10 Division of Cardiovascular and Neuronal Remodelling, Multidisciplinary Cardiovascular Research Centre, Leeds Institute of Genetics, Health and Therapeutics, University of Leeds, UK; 11 Klinik und Poliklinik für Innere Medizin II, Universität Regensburg, Regensburg, Germany; 12 Institut für Medizinische Biometrie und Statistik, Universität zu Lübeck, Lübeck, Germany; 13 Science Center, Tampere University Hospital, Tampere, Finland; 14 The John & Jennifer Ruddy Canadian Cardiovascular Genetics Centre, University of Ottawa Heart Institute, Ottawa, Canada; 15 Department of Health Sciences, University of Leicester, Leicester, UK; 16 deCODE Genetics, 101 Reykjavik, Iceland; 17 University of Iceland, Faculty of Medicine, 101 Reykjavik, Iceland; 18 Hudson Alpha Institute, Huntsville, Alabama, USA; 19 Cardiovascular Research Methods Centre, University of Ottawa Heart Institute, 40 Ruskin Street, Ottawa, Ontario, Canada, K1Y 4W7; 20 Department of Biostatistics, Boston University School of Public Health, Boston, MA USA; 21 National Heart, Lung and Blood Institute's Framingham Heart Study, Framingham, MA, USA; 22 The Blavatnik School of Computer Science and the Department of Molecular Microbiology and Biotechnology, Tel-Aviv University, Tel-Aviv, Israel, and the International Computer Science Institute, Berkeley, CA, USA; 23 Biostatistics and Epidemiology, University of Pennsylvania, Philadelphia, PA, USA; 24 Department of Medicine, Harvard Medical School, Boston, MA, USA; 25 Research Methods, Univ Ottawa Heart Inst; 26

Department of Clinical Sciences, Hypertension and Cardiovascular Diseases, Scania University Hospital, Lund University, Malmö, Sweden; 27 Division of Research, Kaiser Permanente, Oakland, CA, USA; 28 Institute for Human Genetics, University of California, San Francisco, San Francisco, CA, USA; 29 Dept Cardiovascular Medicine, Cleveland Clinic; 30 Medizinische Klinik und Poliklinik, Johannes-Gutenberg Universität Mainz, Universitätsmedizin, Mainz, Germany; 31 Institut für Klinische Chemie und Laboratoriumsmedizin, Johannes-Gutenberg Universität Mainz, Universitätsmedizin, Mainz, Germany; 32 INSERM UMRS 937, Pierre and Marie Curie University (UPMC, Paris 6) and Medical School, Paris, France; 33 University of Texas Health Science Center, Human Genetics Center, Houston, TX, USA; 34 Cardiovascular Health Research Unit and Department of Medicine, University of Washington, Seattle, WA USA; 35 Cedars-Sinai Medical Center, Medical Genetics Institute, Los Angeles, CA, USA; 36 Erasmus Medical Center, Department of Epidemiology, Rotterdam, The Netherlands; 37 Boston University, School of Public Health, Boston, MA, USA; 38 University of Minnesota School of Public Health, Division of Epidemiology and Community Health, School of Public Health (A.R.F.), Minneapolis, MN, USA; 39 University of Washington, Cardiovascular Health Research Unit and Department of Medicine, Seattle, WA, USA; 40 Icelandic Heart Association, Kopavogur Iceland; 41 University of Iceland, Reykjavik, Iceland; 42 Laboratory of Epidemiology, Demography, and Biometry, Intramural Research Program, National Institute on Aging, National Institutes of Health, Bethesda MD, USA; 43 University of Washington, Department of Epidemiology, Seattle, WA, USA; 44 University of Washington, Department of Biostatistics, Seattle, WA, USA; 45 University of Washington, Department of Internal Medicine, Seattle, WA, USA; 46 University of Texas, School of Public Health, Houston, TX, USA; 47 National Heart, Lung and Blood Institute, Framingham Heart Study, Framingham, MA and Cardiology Division, Massachusetts General Hospital, Boston, MA, USA; 48 Center for Health Studies, Group Health, Departments of Medicine, Epidemiology, and Health Services, Seattle, WA, USA; 49 The Wellcome Trust Sanger Institute, The Wellcome Trust Genome Campus, Hinxton, Cambridge, UK; 50 Cardiovascular Health Research Unit, Departments of Medicine and Epidemiology, University of Washington, Seattle; 51 Boston University Medical Center, Boston, MA, USA; 52 Department of Internal Medicine, Erasmus Medical Center, Rotterdam, The Netherlands; 53 Department of Medicine, Landspítali University Hospital, 101 Reykjavik, Iceland; 54 Boston University School of Medicine, Framingham Heart Study, Framingham, MA, USA; 55 Institut für Klinische Molekularbiologie, Christian-Albrechts Universität, Kiel, Germany; 56 Institute of Epidemiology, Helmholtz Zentrum München – German Research Center for Environmental Health, Neuherberg, Germany; 57 Institut für Humangenetik, Helmholtz Zentrum München, Deutsches Forschungszentrum für Umwelt und Gesundheit, Neuherberg, Germany; 58 Institute of Medical Information Science, Biometry and Epidemiology, Ludwig-Maximilians-Universität München, Germany; 59 Klinikum Grosshadern, Munich, Germany; 60 Institut für Humangenetik, Technische Universität München, Germany; 61 Division of Endocrinology and Diabetes, Graduate School of Molecular Endocrinology and Diabetes, University of Ulm, Ulm, Germany; 62 Division of Endocrinology, Department of Medicine, Medical University of Graz, Austria; 63 Synlab Center of Laboratory Diagnostics Heidelberg, Heidelberg, Germany; 64 Division of Clinical Chemistry, Department of Medicine, Albert Ludwigs University, Freiburg, Germany; 65 LURIC non profit LLC, Freiburg, Germany; 66 Clinical Institute of Medical and Chemical Laboratory Diagnostics, Medical University Graz, Austria; 67 Institute of Public Health, Social and Preventive Medicine, Medical Faculty Mannheim, University of Heidelberg, Germany; 68 Cardiology Group Frankfurt-Sachsenhausen, Frankfurt, Germany; 69 Cardiovascular Epidemiology and Genetics Group, Institut Municipal d'Investigació Mèdica, Barcelona; Ciber Epidemiología y Salud Pública (CIBERSP), Spain; 70

Chronic Disease Epidemiology and Prevention Unit, Department of Chronic Disease Prevention, National Institute for Health and Welfare, Helsinki, Finland; 71 Department of Molecular Biology and Center for Human Genetic Research, Massachusetts General Hospital, Harvard Medical School, Boston, USA; 72 The Center for Applied Genomics, Children's Hospital of Philadelphia, Philadelphia, Pennsylvania, USA; 73 Cardiovascular Research Institute, Medstar Health Research Institute, Washington Hospital Center, Washington, DC 20010, USA; 74 Genetics Division and Drug Discovery, GlaxoSmithKline, King of Prussia, Pennsylvania 19406, USA; 75 The Institute for Translational Medicine and Therapeutics, School of Medicine, University of Pennsylvania, Philadelphia, PA, USA; 76 Department of Cardiovascular Surgery, University of Leicester, Leicester, UK; 77 Division of Cardiovascular and Diabetes Research, Multidisciplinary Cardiovascular Research Centre, Leeds Institute of Genetics, Health and Therapeutics, University of Leeds, Leeds, LS2 9JT, UK; 78 LIGHT Research Institute, Faculty of Medicine and Health, University of Leeds, Leeds, UK

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