Combined Genome Scans for Body Stature in 6,602 European Twins: Evidence for Common Caucasian Loci

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GenomEUtwin Project

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Twin cohorts provide a unique advantage for investigations of the role of genetics and environment in the etiology of variation in common complex traits by reducing the variance due to environment, age, and cohort differences. The GenomEUtwin (http://www.genomeutwin.org) consortium consists of eight twin cohorts (Australian, Danish, Dutch, Finnish, Italian, Norwegian, Swedish, and United Kingdom) with the total resource of hundreds of thousands of twin pairs. We performed quantitative trait locus (QTL) analysis of one of the most heritable human complex traits, adult stature (body height) using genome-wide scans performed for 3,817 families (8,450 individuals) derived from twin cohorts from Australia, Denmark, Finland, Netherlands, Sweden, and United Kingdom with an approximate ten-centimorgan microsatellite marker map. The marker maps for different studies differed and they were combined and related to the sequence positions using software developed by us, which is publicly available (https://apps.bioinfo.helsinki.fi/software/cartographer.aspx). Variance component linkage analysis was performed with age, sex, and country of origin as covariates. The covariate adjusted heritability was 81% for stature in the pooled dataset. We found evidence for a major QTL for human stature on 8q21.3 (multipoint logarithm of the odds 3.28), and suggestive evidence for loci on Chromosomes X, 7, and 20. Some evidence of sex heterogeneity was found, however, no obvious female-specific QTLs emerged. Several cohorts contributed to the identified loci, suggesting an evolutionarily old genetic variant having effects on stature in European-based populations. To facilitate the genetic studies of stature we have also set up a website that lists all stature genome scans published and their most significant loci (http://www.genomeutwin.org/stature_gene_map.htm).


Introduction

Human adult stature (body height) has been the target of numerous genetic quantitative trait linkage studies in the past few years [1–17]. Despite high heritability estimates for all populations, based on either twin comparison [18–21] or on actual genetic resemblance in siblings [22], the results have been disappointing and inconsistent, with reports of quantitative trait loci (QTLs) scattered across the genome and rarely replicated. Only loci on Chromosomes 3, 5, 6, and 7 have been implicated in more than one study [14]. It seems that the multifactorial and oligo- or polygenic nature of the trait renders identification of the genes involved quite a formidable task. It is likely that special strategies are needed to tackle the identification of the loci and genes underlying human height.

One obvious strategic decision in addressing a quantitative trait regulated by multiple QTLs, each potentially with a minor effect, is to maximize the sample size. Although this could introduce multiple challenges, including an increase in genetic and phenotypic heterogeneity, robust QTL analysis of large cohorts of families is the natural first choice. Based on a meta-analysis of linkage studies, the only factors independently associated with successful locus identification are an increase in the number of individuals studied and a study sample drawn from one ethnic group [23]. Our approach is based on the idea that in addition to maximizing the sample

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Abbreviations: DZ, dizygotic; LOD, logarithm of the odds; MLOD, multipoint logarithm of the odds; QTL, quantitative trait locus; UCSC, University of California Santa Cruz

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**Author Summary**

Twin cohorts provide a unique advantage for research of the role of genetics and environment behind common complex traits by reducing the variance due to environment, age, and cohort differences. The GenomEUtwin consortium consists of eight twin cohorts with the total resource of hundreds of thousands of twin pairs (http://www.genomeutwin.org). We performed quantitative family-based genetic linkage analysis for one of the most heritable human complex traits, adult stature (body height), using genome-wide scans derived from twin cohorts from Australia, Denmark, Finland, Netherlands, Sweden, and United Kingdom. Age, sex, and country were adjusted for in the data analyses. Human stature was found to be very heritable across all the cohorts and in the combined dataset. We found evidence for a shared genetic locus accounting for human stature on Chromosome 8, and suggestive evidence for loci on Chromosomes X, 7, and 20. Since twins from several countries contributed to the identified loci, an evolutionarily old genetic variant must influence stature in European-based populations. To facilitate the research in the field we have also set up a website that lists all stature genome scans published and their most significant loci (http://www.genomeutwin.org/stature_gene_map.htm).

size, since environmental factors are likely to play a significant role in human stature, it would be desirable to minimize environmental noise by sampling relatives of similar age and shared environment, preferably dizygotic twins.

We performed QTL analysis of stature using data from genome-wide scans performed for 3,817 families (8,450 individuals, 3,301 twin pairs) collected within GenomEUtwin from Caucasian populations in six different countries: Australia, Denmark, Finland, Netherlands, Sweden, and United Kingdom. This study sample extracts its information from twin pairs sharing early environment throughout the critical period of human growth and although we are pooling sibpairs from various populations, they are all of European origin.

**Results**

There were a total of 1,945 female–female dizygotic (DZ) twin pairs and 661 male–male DZ twin pairs and 695 opposite-sex twin pairs in the pooled material. Table 1 describes the statistical properties of height by cohort and for the pooled sample. Additional family members were recruited through the twin registries, as can be seen from the family sizes (Table 1). Altogether, there were 8,450 individuals with pheno- and genotype data, including the non-twin members of the families, from Australia (n = 2,609), Denmark (n = 628), Finland (n = 851), Netherlands (n = 1,086), Sweden (n = 1,064), and United Kingdom (n = 2,212). The United Kingdom, Danish, and Swedish cohorts consisted of only DZ twin pairs with no additional family members. The covariate-adjusted heritability of adult height was 82% in the pooled sample, being 93% for the males and 98% for the females when analyzed separately, while it was considerable lower, 80%, for the opposite-sex pairs. The average map density was <10cM.

The overview of the primary results from the pooled genome-wide linkage scan for stature can be seen in Figure 1, while Figure 2 shows the result when analyses were restricted to DZ twin pairs only (excluding additional family members phenotypes from the analyses). Table 2 shows the identified loci with a logarithm of the odds (LOD) score > 2 in the total cohort, and in sex/twin specific analyses. Actual numeric LOD scores and marker location multipoint LOD scores can be found in Table S1. Because of several rounds of testing (the pooled dataset, male–male and female–female pairs and seven subcohorts), we discuss here only the LOD scores >2 or the ones supported by several cohorts and/or previous findings. To limit multiple testing, we refrained from analyzing the subcohorts in a sex-specific manner. The LOD scores are presented unadjusted for the analyses on these six subcohorts (total cohort, DZ twins, and the sex-specific analyses).

The best evidence for a locus contributing to body stature was achieved by analyzing the complete study sample including cohorts from all six countries. A multipoint LOD score of 3.28 (empirical p-value from 100 replications = 0.08, Wilson’s 95% confidence interval 0.04–0.15) was observed at 97 cM on 8q21.3. This result was mainly contributed by three cohorts, Australia, Finland, and Sweden (Figure 1). In the sex-specific analysis (see below) the males seemed to contribute most of the signal in this region, albeit the peak for the males only was in a position some 10cM centromeric from the peak obtained for the complete study sample. Interestingly, this

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n, number.

*not applicable.

doii:10.1371/journal.pgen.0030097.t001
locus overlaps with a previously reported locus on 8q in a family sample from Finland [19]. No other loci with LOD score >3 were seen in the pooled study sample. The second best signal of (LOD 2.03) was observed on the telomere region of 7p; this particular area has not previously been reported to be linked to adult stature.

To test if sex-specific loci could be identified in the complete study sample the linkage analysis was performed separately in female–female and male–male pairs. Interestingly, although two-thirds of the total sample (67%) consisted of females, the females-only analyses revealed no LOD scores >2 in the pooled sample. The highest female-only signal was observed on the 8q21.3 region at 98 cM, with an MLOD (multipoint logarithm of the odds) value of 1.50. The highest male-specific signal was also observed at 8q21 with an MLOD 3.33 at 79 cM; these two sex-specific peaks on Chromosome 8 nicely overlapped each other, suggesting that this locus is not sex-specific. The second-highest male signal was observed at 20q21.2 at 21 cM with a suggestive MLOD of 2.70. The same region was previously linked with stature in a study sample of both Finnish and Australian families [15,19].

To minimize environmental heterogeneity, we stratified the sample by excluding all other family members except twins from the variance components analyses; however, all available genotypes were retained for phase information. This stratified sample consisted of 3,301 pairs with pheno- and genotype data. No genome region provided a signal of genome-wide significance in the DZ twin-only sample, probably because of decreased power due to smaller sample of individuals with phenotypes, in statistical analyses. However, in the DZ twins-only sample, a LOD score of 2.54 was identified on Xq25 at 127 cM, slightly distal to a previously linked region in a United States sample [19]. Both the data from male–male and female–female DZ pairs seemed to contribute to the linkage signal for this locus (Figure 1). Suggestive linkage was also observed on 20q (MLOD 2.47), the same region implicated in the males-only analysis of the pooled sample. Lastly, the male DZ twins showed some

![Figure 1. Multipoint LOD Score Curves for Different Study Subcohorts](doi:10.1371/journal.pgen.0030097.g001)
evidence for linkage (LOD 1.40) in exactly the same location
as that seen in a previous Finnish study on 1p21 [14]. In twins-
only analysis the locus on 8q21 produced the LOD score of
1.28.

A proper cohort-specific analysis is hampered by the
different sample sizes and was thus not performed. However,
two relatively significant linkage signals were observed that
were mostly contributed by a single cohort; one with the
Dutch sample of 366 families (representing 13% of the study
individuals) on 10q (MLOD 3.04) and one on 15q24.1 with the
Australian cohort of 1,091 families (representing 31% of the
study individuals, MLOD 3.43). Interestingly, these loci have
not previously been reported to be linked to adult stature and
did not provide significant evidence in the pooled sample.

Stature Loci and Genes (http://www.genomeutwin.org/
stature_gene_map.htm)

To date, about 20 genome scans have been published that
investigate human adult body height [1–19]. Since height and
various phenotypic characters are recorded in most studies, it
is expected that this field will expand even more in the future.

To make access more tractable for researchers in the field, we
have set up a Web site that lists all genome scans published
and their most significant loci. We searched the MEDLINE
and PubMed databases (http://www.ncbi.nih.gov) and bibliog-
raphy reviews (as of December 2006) to identify all eligible
studies and have provided the essential data for them as well
as the references on the website. The criteria for the
eligibility for inclusion on this web site are: (1) the study is
a family-based study utilizing genome-wide markers and
quantitative linkage analysis on the adult human height and
(2) the families are unselected for adult height. Figure 3
illustrates all loci from the studies fulfilling the above criteria
with LOD score ≥ 2.

Discussion

To our knowledge, this is by far the largest genetic linkage
study performed regarding human height and on any trait in
DZ twins. The nuclear families originated from six different
countries of European origin. The method of data pooling
used here includes the assumption of some locus homoge-
neity across the study samples. Silventoinen et al. [19] have shown that there are only minor differences in the genetic architecture of height between these twin cohorts, especially among men. We can see this from our data as well; we obtained evidence for linkage on Chromosomes 8, 20, and X, contributed by both sexes and from several cohorts. Since three identified loci, on 8q, 20p, and Xq25, represent the genome segments earlier identified in family-based studies for stature [19], they probably are of significance for stature generally. That said, the 7q arm that has been linked to stature in at least three different studies [19] did not show any evidence for linkage on the q arm but rather to 7p, which could of course reflect the same signal, but due to long genetic distance between these loci (>100cM) we consider this unlikely.

Growth in twins differs to some degree from that in singletons, especially during fetal life. Dizygotic twins share the same intrauterine conditions, albeit with separate placenta and fetal membranes. Twins grow at the same rate as singletons during the first half of pregnancy, but exhibit slowing growth rates in the third trimester of pregnancy, primarily due to space restriction in utero. This results in lower birth weights than in singletons on average, mostly due to shorter gestation time [24]. Twins show a rapid catch-up growth in infancy, exhibit the same general pattern of growth and onset of puberty as singletons, and do not differ from general population in attained height [25]. However, the initially larger twin (both monozygotic and DZ) at birth tends to remain larger even at adulthood [26]. This shows that the influence of intrauterine conditions for the adult height is of importance and may introduce some “environmental noise” even into this unique human study sample, which is, to a large extent, harmonized for major environmental effects between sibs. Moreover, DZ twins share not only the pre- but also post-birth environment (in most cases). Here, we also formed a hypothesis that by restricting our analyses to DZ twins only, who share all the early life events, the potential environmental (nongenetic) noise affecting growth would be reduced. This would then allow genetic loci components influencing adult stature to be more easily detected, such as

Figure 1. Continued.
the peak (DZ males, LOD 1.47) on a previously linked locus to male stature on 1q21 [19]. It is of interest that the previous study by Sammalisto et al. [19] was performed on a genetically and culturally homogenous population of Finns, and that the linked locus was seen in males only, thus representing some analogy to the subcohort showing some evidence for linkage here. The loci on Chromosomes 20 and 21 also show some evidence for linkage seen only in the cohort restricted to DZ twins; however, the results are only suggestive.

Although the most evident height differences among humans appear between the sexes, and nutrition and infections are critical factors for final adult height across the global populations [27], there is ample evidence that autosomal loci also contribute to human growth and adult height. For example, in Turner’s syndrome patients, who possess an abnormal number of X chromosomes, correlations for stature are similar to those for non-Turner mothers and daughters [28]. Also, most of the previously suggested QTLs for stature are located on autosomes [14]; however, the main reason for this is that most of the previous studies report only autosomal data. Our most significant finding on Chromosome 8 is not surprising, since suggestive linkage for stature to 8q24 was previously reported by Hirschhorn et al. [3]. Interestingly, the 8q21 area contains the gene for Nijmegen breakage syndrome, which is characterized by growth retardation. After birth the growth rate of these children is appropriate, but individuals remain small for their age.

However, in light of the large difference in stature between males and females, it would be surprising to find no evidence at all for QTL on a sex chromosome in such a large dataset. The potential role of the X-chromosomal locus was identified through analyses based on data from several cohorts, and this locus would not have been apparent in any stand-alone cohort analysis. This lends support to the pooling strategy used here to identify such minor-to-moderate QTLs. This X-chromosomal locus, Xq25, has previously shown suggestive linkage to stature in pedigrees of European origin [29] and it harbors several candidate genes for growth. Telomerically
from the peak marker, DXS1047, lies the gene associated with Borjeson-Forssman-Lehmann syndrome, X-linked mental retardation of which one characteristic is moderately short stature [30,31]. Two genes associated with the syndrome, the widely expressed plant homeodomain–like finger gene, PHF6, and fibroblast growth factor 13, FGF13, [29] lie within 9 Mb of DXS1047. Other potential candidate genes on the area are the skeletal muscle LIM protein 1, SLIM 1, which shows elevated expression levels in skeletal muscle during postnatal growth, and glypican 3, GPC3. Variants in GPC3 cause Simpson-Golabi-Behmel syndrome, a condition characterized by pre- and postnatal overgrowth (gigantism) with visceral and skeletal anomalies [32]. GPC3 seems to be involved in the suppression/modulation of growth in the mainly mesodermal tissues and organs and also may interact with the insulin-like growth factor II (IGF2), thus regulating growth [33].

There are no previous QTLs linked to stature on Chromosome 15 [14]. Here, the only subcohort linked to that locus was the largest, the Australian cohort. This cohort constitutes almost one third of the total sample (30.8%). The linked families were not characteristically different from others in the Australian cohort (unpublished data); there were no outliers for stature values and rigorous quality control of genotypes did not expose obvious errors in data produced. The Australian cohort is mostly European based, as are the other cohorts, and was earlier found to be comparable to a European population in regard to microsatellite allele [34]. Thus, although other cohorts and the pooled analyses did not lend significant support for linkage to this region, we find it potentially interesting, while being aware that replication is needed to confirm the potential QTL for stature on 15q. The same applies to the locus on 10q for the Dutch sample—this locus has not previously been reported to be linked to stature in other populations, nor was there any evidence for linkage in other subgroups in this study. Part of the Dutch cohort was included in an earlier study on stature, in which the Chromosome 10 peak was also seen [14]. Here, however, the Dutch cohort includes more people and not all the loci in the earlier study [14] are as evident as the one on Chromosome 10. Also, the Finnish cohort showed some

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Bold values indicate LODs over 2.00.

*LOD 1.9, the same chromosomal arm as in this study.

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Figure 2. Multipoint LOD Score Curves for the Sample Restricted to DZ Twins Only
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evidence of linkage on previously linked loci for stature in Finnish studies, such as 2q, 4q [14], and 9q [14]. Obviously, differing information content of the genotyped cohorts could potentially explain these population-specific peaks; however, this is not evident from our data. The genotyping success rates and map densities did not show variations on the above-mentioned population-specific loci (unpublished data).

We identified several other potential QTLs, which were not statistically significant, but nevertheless triggered some interest. For example, the loci for which data from many cohorts seem to contribute to and increase the overall LOD score (20p and Xq) might mirror minor loci either needing larger sampling or some kind of dissection of the sample to produce a more homogeneous sample in relation to the locus in question. Loci that have previously been reported to be linked to stature, such as on Chromosomes 8q, 20q, 21p, and Xq25, might well present a real QTL, but due to multiple testing of genome-wide scans here we cannot apply the more relaxed linkage thresholds that are often used in replication studies, and, thus, they remain suggestive. Several previous loci were not replicated in this study, maybe because stature is a very heterogeneous phenotype, or possibly due to type I or II errors in this or earlier studies. We think that our findings support the essential argument of quantitative genetics, that of the infinitesimal model. From the results we can deduce that, most probably for stature, the ultimate causation of variance components is segregating alleles at many underlying loci, each of which has a very small individual impact on the character in question. One of Fisher’s several important contributions to evolutionary theory was to provide a statistical outline for such a complex inheritance model in a Mendelian framework that could account for continuous variation [35], giving rise to the field of quantitative genetics [36,37].

Materials and Methods

GenomEUtwin is a research consortium of 12 partners, including eight twin cohorts from Europe and Australia (http://www.genomeutwin.org), formed to explore genetic influences on common traits using large population and twin cohorts. For these analyses, genome-wide microsatellite scan data were available from six twin cohorts: The Australian Twin Registry [38], The Danish Twin Registry [39], The Finnish Twin Cohort [40], The Netherlands Twin Register [41], The Swedish Twin Registry [42], and United Kingdom St. Thomas’ UK Adult Twin Registry [43]. While the Australian twin cohort is geographically quite distinct from the others, it does have a mostly European-based population background. The Australian twin registry has self-reported ancestry information on a random subset that is representative of the entire sample. From this subset (897 families), 99.7% are Caucasian. From that, 92.5% are from the United Kingdom. The rest are from Europe and the United States.

While the twin studies served as the recruitment basis for the participants, additional siblings and/or parents/descendants of the twins were also recruited in some cohorts and included in the analysis set here where available. The total number of families included in the analysis was 3,817, and the number of full DZ sib pairs with genome-wide marker and phenotype data was 3,301. A federated database with open-source code has been created to share the data across the study partners [44,45]. Genotypes for the Australian, Dutch, and United Kingdom cohorts, as well as 102 Swedish twins, were produced as described earlier [12,46,47]. Dutch samples were genotyped by the Mammalian Genotyping Service in Marshfield, and the Molecular Epidemiology Section in Leiden University Medical Centre (The Netherlands). The Finnish subjects, as well as the Danes, were genotyped at the Finnish Genome Center (using 96 capillary

Figure 3. Overview of Loci from Genome-Wide QTL Screens for Stature Where Multipoint LOD Scores over 2.0 Have Been Reported

The red boxes represent previous studies and the numbers in them refer to the original publications, while the orange boxes represent loci identified in this study.
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References

Supporting Information

Table S1. Marker Location of Multipoint LOD Scores

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Author contributions. MP, NGM, PMV, BB, GW, JJH, KC, KOK, TH, and PKEM analyzed the data. MP, EW, and AP performed the experiments. MP, SS, TH, and PKEM analyzed the data. MP, SS, TH, NGM, PMV, BB, GW, JJH, KC, KOK, TIAS, NLP, TDS, JK, AP, and LP contributed reagents/materials/analysis tools.

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